

STEAM and Special activities

Safety activities. Handwriting practice. Puerto Rico national instrument. Measurement activities.

Home activities

to do with your,

preschooler

Theme: Safety

habits

May 4-8





Allow your child to practice cutting new textures such as flowers, plants, and other nature materials.



Indoors or out, let your imagination run wild as you set up an obstacle course for your child.



Social- emotional

Encourage your child to try new things and learn how much they can do if they simply try.









Language

Help your child

practice writing

the uppercase and



Cognitive Provide authentic and real-life experience whenever possible to

encourage measurement skills.





Morning meeting.

Talk about your weekend. What was your favorite part of the weekend?

Let's sing and move "Un pequeño dedo" / "One little finger"



Guided learning: Measurement activity



Create a pouring station to practice holding a steady hand and better understanding of measurement.

Click to open the video

Children need a chance to practice measurement in an open environment without feeling like they may make a mistake.

What will happen in the activity?

- Your child will be pouring. Gross Motor
- Your child will fill to each line. Measurement
- Your child will learn through play. WINNER, WINNER!

Making the Most of Routines: Clean-up

You can help your child develop a sense of self and independence by letting your child do things on their own!

This kind of independence is frequently encouraged at Rayito! Remember to make it fun, singing "Limpia, limpia"





Morning meeting.

Let's move: "Arcoiris de colores" / "Rainbow colors" - Follow directions.

- 1. Ask your child the name of the colors in the rainbow.
- 2. Ask your child to look for an item in your home that matches the color and share with the other family members.

*Consider joining your child in placing the items in the rainbow color order.



Play the song to learn the colors in Spanish with your child.

Project time: The cuatro.

"The cuatro" is the national instrument of Puerto Rico.

	Here's what you	Directions:
	need:	1. Cut a nice round hole, as smoothly as possible in the
٠	1 empty box	center of the lid to create the hollow body of the
٠	1 empty paper towel	"cuatro".
	roll	2. Stretch the elastic bands over the box so they run
•	4-6 Elastic Bands	length wise over the hole.
	of varying widths and lengths	3. Cut another small hole in end of the box between the elastic bands to insert the paper towel roll.
•	Scissors	4. Slide a stick under the rubber bands at each end of
•	2 sticks	the box to raise them above the hole slightly.
•	Paint, stickers, etc. to decorate	5. Paint and decorate and get ready for the performance.

Play "El Coquí (The Frog) - Puerto Rico" and have fun with your cuatro!





Click to the video

Rayito de Sol Wednesday - Miércoles

Morning meeting.

Let's sing and move: "Cinturón de seguridad" / "Seat belt"

Through this fun song, children gain a deeper understanding and respect for safety precautions.



Click to the video

Guided learning: Teach your kids how to call 911



Teaching your child some basic emergency skills, it's essential information for kids to know.

Write numbers and letters on post-it notes to replicate the phone keypad. Place them up a wall and have your toddler practice pushing the "buttons" to call 911. Don't forget the emergency and call button.

Making the Most of Routines: Road and driveway safety

As you go about your day with your child, it's important to notice and make sense of the world around you together. This is especially true when you are walking together near roads or carparks.

- Stop, look and listen when near roads, stepping out of cars or within carparks.
- Hold hands at all times near roads, cars and carparks.
- Obey traffic lights and crossings.
- Move slowly don't run near carparks, roads and cars.
- Don't ride bikes or other ride-on toys on the road or around the driveway.



Thursday - Jueves

Morning meeting.

Let's sing and move: "Toc toc" / "Knock, knock"

Click to the video

Guided learning: Bicycle Safety: Draw a Bicycle Chalk Road & Create an Activity Cone Obstacle Course

This week is the perfect opportunity to teach your child to safely ride their bicycle. Teach them bicycle safety tips, such as, always wear a helmet, watch for parked cars, ride with a buddy, etc. Then get to work creating a sidewalk bicycle course on your own driveway! All you need is chalk to make this entertaining and educational activity.

Draw a simple grid pattern (like a square with a + sign in the middle) and color in the lines to resemble roads. Include stop signs at each intersection. Have your child practice riding his bicycle in a straight line.



Reflecting on the Day 💡



Teach them the importance of using hand signals, especially around traffic - it helps drivers to know which way he is turning and can help avoid potential accidents.



Friday - Viernes

Morning meeting.

Sing Together: "El semáforo" / "Traffic Light"

Rayito de Sol

Tell your child you are going to teach them a song about traffic lights, but first they will make their own light. Give each child a black rectangle and a red, yellow, and green circle. Encourage your child to look at your traffic light to help them position their colors in the correct order.

Once the traffic lights are ready, sing the song "Traffic Light." As you sing, have your child point to the respective colors on their traffic light.

Guided learning: Compare and Measure



Learning to measure objects is a fun way for kids to explore math. Magna-Tiles are so wonderful to build, play, and learn with.

Your child can use for measure some of their favorite toys, books, and people.

iIt's a great opportunity to learn tall and short!

Making the most of routines: Outdoor play

Take a walk around your neighborhood and explore tall and short objects: I see a very tall tree, I see a very short rabbit, etc.

Reflecting on the Day



Did your child notice anything interesting on the neighborhood walk today?







Cutting lines





Cutting lines







Which is the tallest? - ¿Cuál es el más alto?

Directions: Color the tallest picture in each block.

Instrucciones: Colorea la imagen más alta de cada bloque.



Rayito de Sol Spring measurement

Directions: color the blocks to measure the height of each object. Write the number in the box.

Instrucciones: Colorea los bloques para medir la altura de cada objeto. Escribe el número en el cuadro.



Rayito de Sol Spring measurement

Directions: Cut out the flower ruler. Measure the spring objects and record your answer.

Instrucciones: Recorta la regla de flores. Mide los objetos de primavera y registra tu respuesta.

Rayito de Sol Measurement height

Directions: Measure and record the results below each image. Circle the animals that are taller in each box.

Instrucciones: Mide y registra los resultados debajo de cada imagen. Encierra en un círculo los animales que son más altos en cada cuadro.



Big or small? — Grande o pequeño

Directions: Look at the signs and circle the big sign.

Instrucciones: Mira las señales y circula la señal más grande.





Word trace

Directions: Trace the words below that begin with the letter "h", and color the picture of each word. Instrucciones: Traza las palabras a continuación que comienzan con la letra "h" y colorea la imagen de cada palabra.







Letter H-h

Directions: Draw 3 scoops of ice cream. Trace the letter h.

H de helado

Dibuja 3 bolas de helado.
Sigue los trazos de la h.



