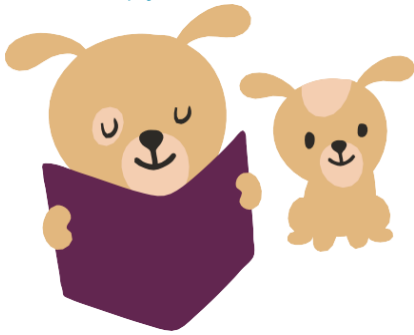




## Home activities to do with your baby

Week 39: June 1<sup>st</sup> – June 5<sup>th</sup>

### Read!



Show your child the book. Point at the first picture while saying its name. Follow your child's lead. Describe in short sentences what they look at or touch. Book-reading times should be like a game of give-and-take. The more your child looks, touches, and enjoys the book-sharing activity, the better.

### Feel the grass!

Take off your baby's shoes or socks and let them feel the grass with their toes. This is one of the easiest ways to enjoy outdoor play with your baby.

Let them touch it with their hands, instead of their feet.

Look around your environment and see what other textures would be interesting for your baby to touch.

### Make Bubbles!



#### Blowing Bubbles – Materials:

- Bubble solution
- Bowl or container
- Straw
- Food coloring, optional

#### Directions:

- › Add bubble solution to a bowl.
- › Add food coloring (optional)
- › Blow bubbles into the bowl (blow out only!)
- › Encourage your child to touch and pop the bubbles.

# Make a craft!

Here's a cute idea to make for the theme of the week "Summer"

Here's what you need:

- Washable paint
- Black Sharpie
- Paper

- › Start by painting your child's footprint with red paint and stamp it on a piece of white cardstock paper.
- › Draw a line and paint in the sails with blue paint. Use their fingerprints to make a flag at the top and add water/sun in the background to finish it!



# Make your baby sensory bottles

Here's what you need:

- Bottles
- Baby Oil
- Water
- Food coloring or liquid watercolors
- Food Coloring
- Funnel



Play this summer song while the activity

PLAY SONG



Directions:

- › Start by filling half of the bottle up with water and add a few drops of either food coloring or liquid watercolors. Give it a good swish to spread the color throughout the water.
- › In a separate bowl add your oil and food coloring. Now this part is very important. You need to make sure that this food coloring is oil based or it won't color the oil.
- › Place the funnel into your bottle and pour your oil in.
- › Then put the lid back on and securely tighten it. You can glue the lids into place to make sure there are no accidental spillages.

Just remember to never leave your baby alone with any of these sensory toys, babies must be fully supervised at all times when engaging in sensory play.