



Home activities to do with your Preschooler

Week 39: June 1st – June 5th

- Summer crafts.
- Summer yoga.
- Summer vocabulary.
- Freeze paint dancing.
- Bubble sensory play.

Special activities and STEAM



- Give positive, concrete suggestions. Use positive reinforcement to teach your child what to do rather than telling them what not to do. For example, instead of directing, "Don't run," state, "Walk."
- It is important to give children directions that relate to their individual learning styles. Engaging in two-way communication is a highly recommended method.

Language



- Give opportunities to your child to be exposed to classification and sorting skills at home.
- One way to encourage your child to learn the concept of classification and sorting is by sorting out toys, leaves, rocks, or other similar items into 'like' groups. Encourage your child to sort items in groups such as big/small, long/short, or to group them according to their colors.

Cognitive



• Children learn by seeing and doing rather than just listening, so teaching them about the importance and benefits of hand washing should be interactive and fun. Have your child watch you or another child wash their hands while you explain each step and its importance. Then, encourage your child to repeat the process while you explain the basic steps again.

Social-emotional



- Let's have fun with promoting their fine motor skills anytime!
- You can help your child connect spoken and written words by having them draw a picture.

Fine motor



• Through play, children practice and perfect control and coordination of large body movements, practice activities that provide your child opportunities to move their bodies.

Gross motor



Lunes - Monday



Morning Meeting

- Let's sing and move: "La canción infantil del Verano"- "The summer children's song".

PLAY SONG



- Learn this summer Spanish words with your child.



Guide learning: Summer yoga

Let's welcome the sun singing this song.



Brain research shows us that adding movement to the learning experience stimulates your child's thinking, ultimately making learning more fun and engaging.

Project time: Handprint craft paper plate sun



Here's what you need:

- Paper Plate
- Yellow Paint
- Paint brush
- Black marker
- Yellow and Orange Card
- Scissors

Directions:

- We suggest using a paper plate rather than cutting out a large circle so your sun is sturdier. If you would rather cut out a circle, you can!
- Paint the circle yellow and allow to dry. While the paint dries, trace your child's hand on a piece of construction paper.
- Cut out the handprint and use it as a template to cut out about 10 more handprints from the orange and yellow paper. Your preschooler can practice tracing their hands. Some may need help cutting since it is trickier to cut than basic shapes.
- To complete this activity, ask your child to draw on a smiley face!

Martes -Tuesday



Morning Meeting: Summer clothes

- Let's watch and learn! With this video for children where they will learn vocabulary of summer clothes. Includes items such as: t-shirt, swimsuit, sunglasses, flip flops or dress.



Art time: Ice painting.

Here is what you need:

- Washable tempera paint
- Ice cube tray
- White butcher paper.
- Popsicle sticks

Directions:

1. Squeeze your paint into your ice cube tray.
2. Set up the craft sticks in the center of the cubes.
3. This will only take a couple hours to set completely.
4. Once you have your frozen paint ready to go, roll out some butcher paper for your child and tape it to the floor.

Gross motor activity: Bicycle obstacle course

Create an easy bicycle obstacle course. This is a great way to get kids to practice making turns without losing their balance.



This is a wonderful sensory experience. Crushing the frozen paint and swirling it around the page is a lot of fun.

Miércoles-Wednesday

Morning Meeting

Let's sing and move: Si estas feliz / If you are happy

Si estas feliz, also known as If You Are Happy, is a very fun children's song. Your child can also learn different emotions singing this song.

PLAY SONG



› Learn this summer Spanish words with your child.



Gross motor activity: Baile del movimiento / Freeze dance painting



If you haven't played freeze dance before it's a fun stop and go dance game. When the music plays you dance and when the music stops you freeze in place.

For freeze dance painting, pour paint into a frisbee for your little one to step in. Once their feet are covered in paint they can jump on the paper and dance to the music.

Your child will have the opportunity to explore different colors.

Project time: Paper Fan Watermelon Craft

Here's what you need:

- paper plates
- large crafting sticks
- masking tape
- pink, green, and black tempera paint
- paintbrush
- cotton swabs



Directions:

- › Begin by flipping the paper plate over so the bottom is facing up.
- › Invite your child to paint the center of the paper plate with pink tempera paint as shown. Painting is a great way for kids to work on developing fine-motor skills!
- › Next, kids can paint the rim of the paper plate with green tempera paint. Allow the paint to dry completely.
- › Once the paint has dried, invite your child to use a cotton swab dipped in black tempera paint to add the seeds!
- › Once the black tempera paint has completely dried, fold the paper plate in half.
- › Open the plate and use masking tape to attach a large craft stick for the handle of the fan.
- › Adults can use a stapler around the outer rim of the plate to seal the edges of the plate shut.
- › Now you're ready to cool down this summer with this Paper Fan Watermelon Craft for Kids! Have fun!

Making the Most of Routines: Mealtime

We all want to encourage kids to eat well, and this song focus on healthy eating.

We sing in Rayito and your child loves it!

PLAY SONG



Jueves-Thursday

Morning Meeting

Let's sing and move: "Caminando, caminando"
"Walking, walking"

With this song, your child can jump, bounce and skip and hop to their hearts delight! When kids move to music, they are getting so much more than just exercise. They are also developing their coordination, balance, concentration and cognitive abilities.

PLAY SONG



- > Learn this summer Spanish words with your child.



Gross motor activity: Potato sack race



This activity can be done with store bought potato sacks or with oversize pillowcases.

Have the child get in and hop across to the other side.

Project time: Popsicle craft



With just some felt, wooden craft sticks, glue and a little imagination – you too can make this completely customizable pretend play felt popsicle craft with ease! Then use them as decor, in a play kitchen or even as bookmarks.

Directions:

- > Trace it on your felt pieces with a marker {or free style a design if you like!} Trim out with your scissors. Repeat for each popsicle craft you want to make.
- > Grab your glue and glue each felt cutout piece to a single wooden craft stick to give the look of a popsicle. Repeat for each piece.
- > Now it's time for the embellishments. Have children go wild and let them decorate their pieces however they like! Remember you are not limited to what you use either. You can use rhinestones, buttons and even feathers to make some one-of-a-kind creations!
- > Once your child is done decorating their pieces, set it all aside to let it dry completely before displaying and/or playing with!

Viernes-Friday

Morning Meeting: Identifying the vowels

- Let's sing and move: "Cantando los números" / "Singing the numbers"

PLAY SONG



- Learn this summer Spanish words with your child.



Guided learning: Classifying groups of objects

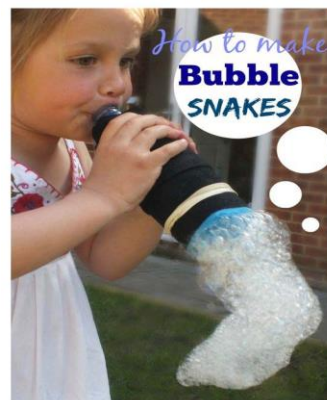


The beauty of this activity is that it is so interchangeable, and just about any type of object or material can

be used.

This particular activity has been set up as a provocation to encourage the children to sort the shells, stones and beads into similar groupings based on the type of object and the color that it is, as well as the size.

Bubble fun sensory play



Blowing Bubbles – Materials:

- Bubble solution
- Bowl or container
- Straw
- Food coloring, optional
- Plastic bottle, an old sock and elastic band.

Instructions

- Add bubble solution to a bowl.
- Add food coloring (optional)
- Blow bubbles into the bowl (blow out only!)
- Put the bottle and sock together with the elastic band as in the picture. Dip in your bubble mixture and blow through to create enormous bubble snakes.

Making the Most of Routines: Handwashing

One of the easiest and most effective ways to keep your kids from falling sick is by following the proper handwashing technique. When their hands are clean it can prevent germs from spreading to others. Follow the fun techniques in our social media!



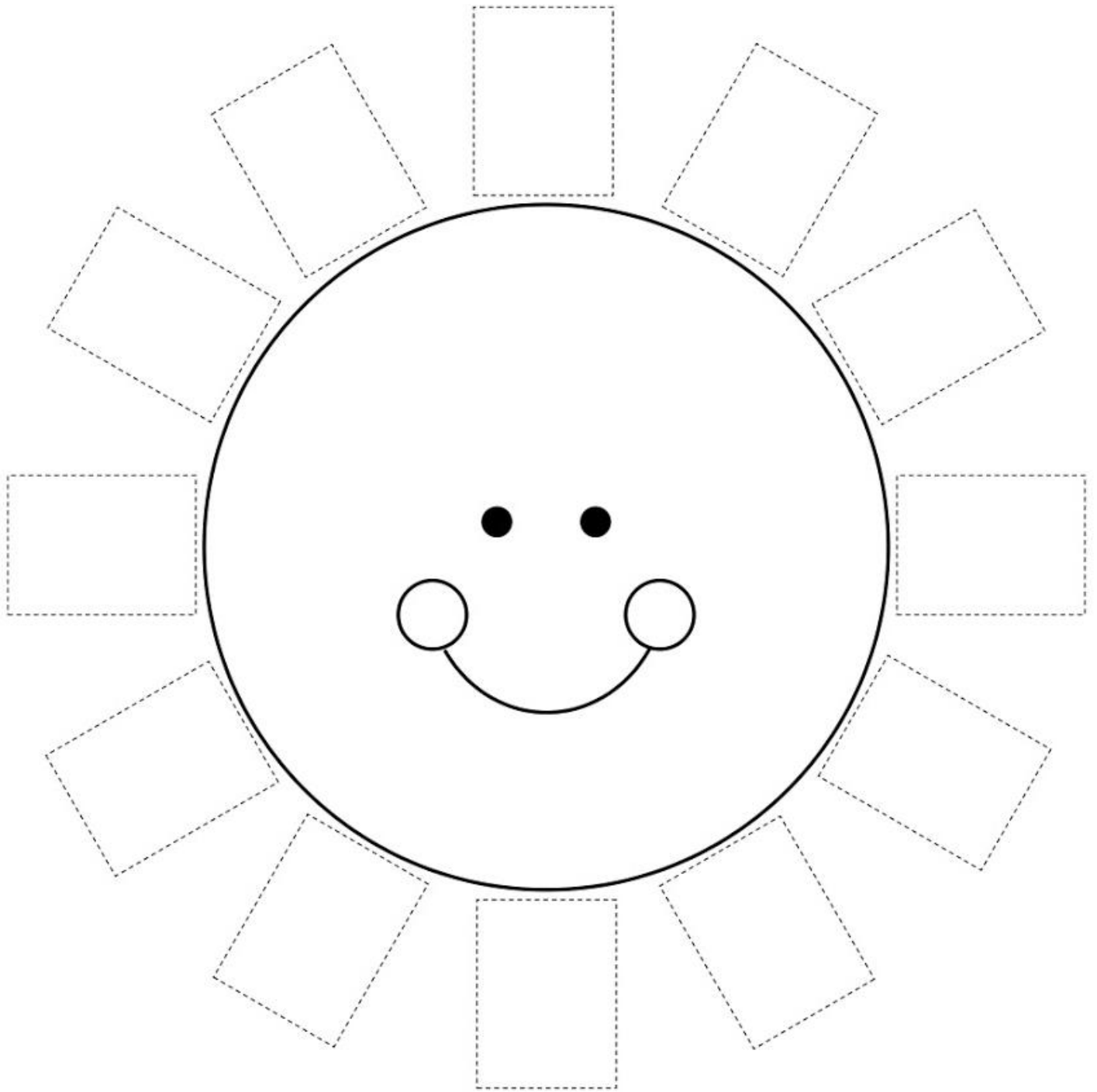
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Click to go to our page!

¡Un día muy soleado! — A sunny day!

Instrucciones: Colorea la cara del sol. Luego pega figuras con formas de rectángulos sobre las líneas punteadas.

Directions: Color the face of the sun. Then glue shapes with rectangle shapes onto the dotted lines.





Figuras geométricas y colores / Shapes and colors


Instrucciones: Traza y completa las figuras. Luego, colorea con los colores indicados.

Directions: Trace and complete the shapes. Then, color with the indicated colors.


Verde



Rojo



Azul



Amarillo

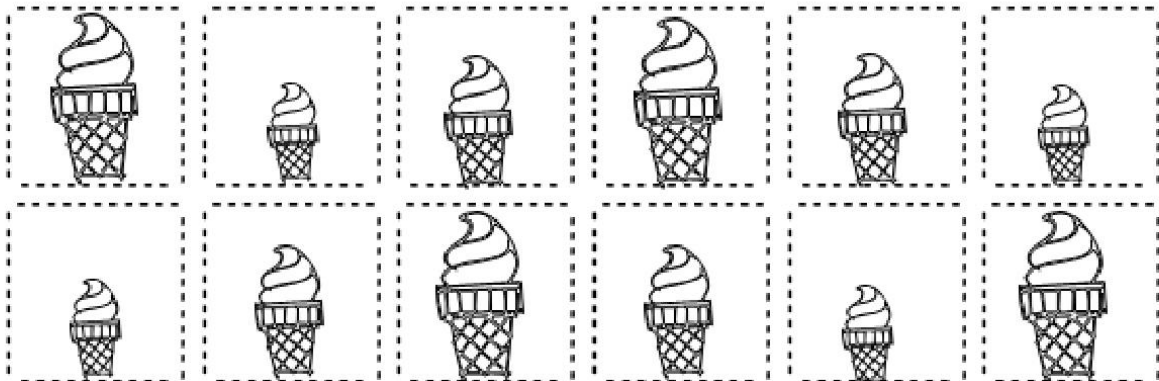
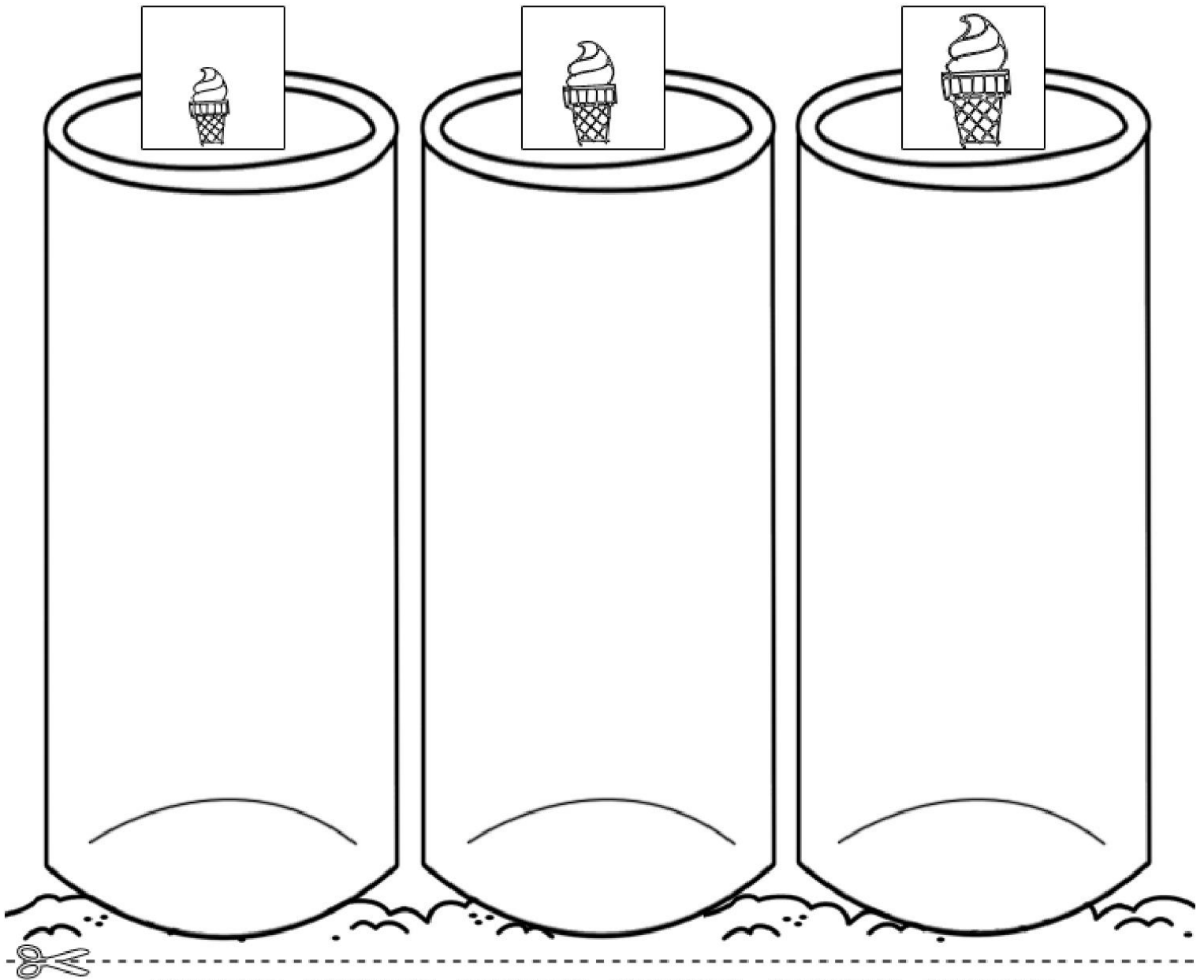


Where does it belong?



Instrucciones: Recorta y pega los conos de nieve en el cubo del tamaño correcto.

Directions: Cut and glue ice cream pictures in the correct size bucket.

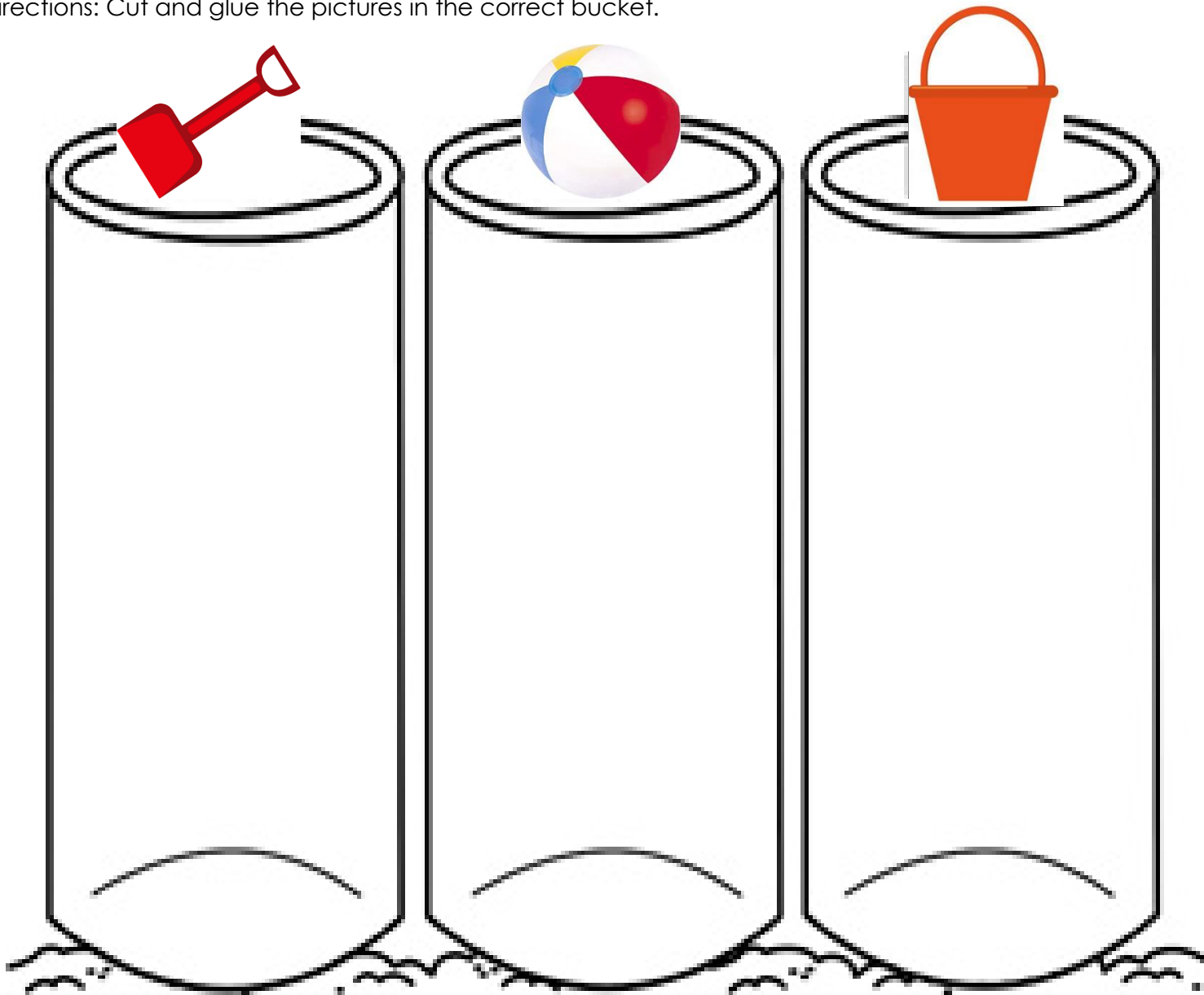


Where does it belong?



Instrucciones: Recorta y pega las imágenes en el cubo correcto.


Directions: Cut and glue the pictures in the correct bucket.




Sorting colors

Instrucciones: Recorta las imágenes (página siguiente) y pega en el cuadro de color correcto.

Directions: Cut the pictures (next page) and paste in the correct color box.

	Rojo		

	Verde		

	Amarillo		

	Azul		

Cut and sort

Instrucciones: Recorta las imágenes y pégalas en el cuadro de color correcto.

Directions: Cut the pictures and paste in the correct color box.

