



# The machines



## Home activities to do with your baby

May 11 – May 15

- Face-to-face interactions between you and your baby are the best times to work on increasing infant vocalizations. Any play activity is likely to encourage babbling. Repeat or imitate the sounds your infant makes. It won't take long for them to learn that anytime they make sounds, you will repeat the sounds they say.

Language



- Hide small toys underneath cup while it's facing down. When they pick up the cup, it will reveal what's underneath. Watch their excitement when they realize what they found.

Cognitive



- Encourage exploration in mobile infants by helping them continue to feel safe: *"I see you! You are crawling and feeling proud!"*

Social-emotional



- At this age, your baby's fine motor skills will begin developing. They will go from only being able to grasp with their whole hand in a fist to starting to use individual fingers and finger tips to pick up items. Around this age, a 3 jaw chuck grasp will emerge as your baby will use the thumb, index, and middle fingers to grab smaller items.

Fine motor



- Pushing and pulling objects is great for baby's gross motor skills. Attach a string on some toys and encourage baby to pull the string and then push the toy away. You have to help your baby and model the play.

Gross motor



## Morning meeting like Rayito de Sol

Let's sing and move: Buenos días / Good morning

Buenos días canto yo

El sol dice Hola, la luna dice Adiós

Buenos días canto yo,

Si canto con ganas será un día mejor.

Buenos días, ¡Buenos días!



PLAY SONG



Project time: Here's a cute idea to make for the theme of the week "Machine"

### Footprint green tractor craft

Here's what you need:

- Yellow washable paint
- Green washable paint
- Paint brushes
- Black Sharpie
- Water color paper



### Gross motor activity: Bouncing We Will Go

1. Sing to the tune of "The Farmer in the Dell."

A-[bouncing] we will go.

A-[bouncing] we will go.

Tick-a-tack, a-brick-a-brack,

A-[bouncing] we will go.

Vamos a [brincar], vamos a [brincar].

Demos un [saltito], vamos a saltar.

Pum, pin, pum, pin, pum, pan,

Vamos a [brincar], vamos a [brincar].

2. Repeat using different movements.

3. Encourage the children to move their bodies as you sing the song together.

### Making the Most of Routines: Stretch Out Naps



Is your baby older than 6 months and still taking lots of 20-minute naps throughout the day? Encourage them to take longer naps. Try keeping your baby up. And stretch the time between baby's naps, making it longer bit by bit. You may be rewarded with longer naps -- ideally, one to two hours each -- and sounder nighttime sleep.

Let's sing "Estrellita, ¿Dónde estas?" / "Twinkle, Twinkle, Little Star"

PLAY SONG



## Rayito activity of the week

What you do:

PLAY SONG



**In a nutshell:** Take your wee one's hands in yours and begin clapping them to the beat of the music.

**The full experience:** Sit holding your wee one in your lap, both of you facing in the same direction. Start playing the music. Take baby's hands in yours and begin clapping them to the beat of the music. Count aloud 1,2,3 (uno, dos tres) as you clap. Emphasize the 1 "uno" with a more forceful clap. Next, turn your wee one around to face you, and wrap your arms around his or her upper back for support. Rock baby forward and backward to the accompaniment of the 1-2-3 beat of the music - three beats forward, three back. Smile, make eye contact, and count. Over time, baby will begin to associate the rhythm of the music with the timing of your movements

## Sensory time: Rainbow Spaghetti: An edible sensory activity

Sensory activities have so many benefits for our babies. Babies will be learning to explore and exercising their creativity!



Here's what you need:

- > 2 boxes of spaghetti.
- > Food coloring.
- > Vegetable oil.
- > A play bin or container.

Here's how we made the spaghetti:

- > Cook the spaghetti as you regularly would.
- > Drain as usual. I rinsed with cool water while it was still in the colander to keep it from sticking together.
- > Once drained and cooled, add a small (very small) amount of oil and toss.
- > Add a few drops of food coloring and mix well
- > Lay spaghetti out on parchment paper to dry for about 1 hour
- > Place your noodles into a large bin or container, and the fun can begin!
- > Play Spanish music while the activity

PLAY SONG

