

Dinosaurs



Home activities to do with your child

Week 3: June 15 – June 19

- Dinosaur crafts.
- T-Rex mask.
- Dinosaur yoga.
- Dinosaur bingo.
- Dinosaur toss game.

Special activities and STEAM



- Engage your child in thoughtful and meaningful conversations that stimulate their thinking and learning process.
- Help your child practice writing the uppercase and lowercase of the letter "E-e".

Language



- Games can be a fun way to help your child learn about shapes around them.
- Look for shapes or colors around the house, ask your child to find circles, triangles, rectangles or squares.

Cognitive



- Do a variety of activities with your child in order to promote their social skills. They will learn how to participate in group and individual activities. Share family stories with them, especially stories when they were babies.

Social-emotional



- Encourage your child to further develop their creativity while improving their fine motor skills by letting them create things using their hands.

Fine motor



- Spend time outside, where there is plenty of room to safely run, jump and climb.
- Turn on music and march around the house. Or, if your family likes to dance, turn on music and have fun!

Gross motor



Lunes - Monday

Morning Meeting

- Let's sing and move: "Diez pequeños dinosaurios" – "Ten Little dinosaurs"

Ten Little Dinosaurs is a fun song to learn how to count to 10 and learn different types of Dinosaurs.

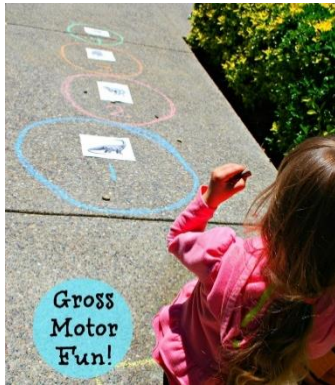
PLAY SONG



Dinosaur toss

You will need:

- 12 small rocks or stones
- Sidewalk chalk in different colors
- Dinosaur toss (print page 7-9)
- Tape



Directions:

- › Use your chalk to draw four circles on the pavement, starting with a large one and getting smaller as you get further out.
- › When you are done making your circles, make a square a short distance away. This is where you child will stand while they are throwing the rocks.

Rules: You have 12 rocks to throw to try to get as many points as possible. Only rocks that land in or on the circle will count. When you have thrown all the rocks, add up the score. If playing with more than one player, the one with the highest score wins.

Project time: Paper plate dinosaurs

Here's what you need:

- Paper plate
- Paint
- Paper
- Googly eyes



Directions:

The steps to making these dinosaurs are so simple and in under 30 minutes you will have a couple friendly dinosaurs.

1. Start by cutting your paper plate in half.
2. Decide what color body you want your dinosaur to have and paint one of the 1/2 plate pieces. Paint two corresponding clothespins for each dinosaur you want to make.
3. Once your dino body is dry, use it as a template for drawing your dinosaurs spikes, head, and tail. You decide if you want a long neck, short neck, small tail or long tail! This is where the kids can get really creative!
4. Glue your head, tail, and spikes to the back side of the paper plate. Elmers glue works great but if you have kids that are a little impatient, parents can use a hot glue gun for sturdier and faster dino making
5. Add a little smile and googly eye to your dino head.

Martes -Tuesday

Morning Meeting:

Let's sing and move: "Bebé T-Rex"- "Baby T-rex"

PLAY SONG



> Learn these two words with your child.



Art time: Dinosaur painting

Here's what you need:

- dinosaurs
- butcher paper
- washable tempera paint

Show your child how to get the dinosaur feet into the paint and walk them down the paper.

Your child will love to make art with dinosaur toys.

They will have the opportunity to work their fine motor skills, color names, and hand-eye coordination.



Project time: T-Rex mask



Here's what you will need:

- Dinosaur mask printable (find in page 10)
- Colors/ Crayons / Paint
- Scissors
- Holepunch
- String

Directions:

- > Print out your dinosaur printable mask/s
- > Cut out your dinosaur mask/s.
- > Let your children get creative. Use the pencils to add color to your printable.
- > Hole punch the sides of the mask.
- > Tie your string to the mask.
- > Tie the mask to your child.
- > Time to stomp, rawr and get active outside with some fun dinosaur play!

Making the most of routines: Outdoors

If the weather is nice, nearly everything that you do indoors can be done outdoors! Consider going outdoors for some of your experiences during the day. You can read a book, play with art materials, take blocks to build, or take real or homemade instruments outdoors.

Sometimes a change of scenery inspires new ways to explore!

Miércoles-Wednesday

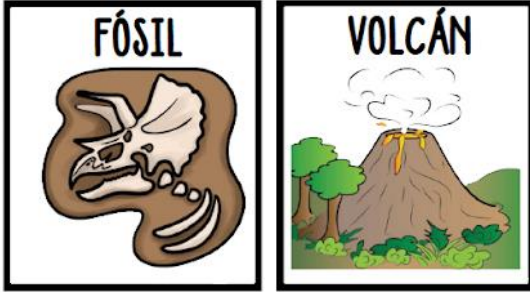
Morning Meeting

Let's sing and move: "Los dinosaurios" – "The dinosaurs"

PLAY SONG



› Learn these two words with your child.



Dinosaur feet craft:

Here's what you need:

- 2 empty tissue boxes
- Construction Paper green and orange
- Glue Stick & Scissors

Directions:

- › Take the 2 empty tissue boxes and wrap them in green construction paper.
- › Use the glue sticks to attach the paper to the box.
- › With the orange construction paper to cut out something that slightly resembled dinosaur claws.
- › Glue these to the front.
- › Slip your toddlers feet into the holes and let them stomp and roar as they become the dinosaurs.



Sensory play & science: Frozen dinosaur eggs

Have wonderful fun with these frozen dinosaur eggs for sensory play and scientific discovery! So easy to make and play with as part of imaginative, small world play scene and great for dinosaur loving child.

Here's what you will need:

- balloons
- mini dinosaur figures
- water
- glitter

Directions:

- Simply pop one dinosaur inside each balloon then carefully fill the balloon with water and tie it off. Pop them in the freezer drawer, taking care not to squash them out of shape against anything so that they retain their lovely egg shapes.
- Wait until they're completely solid, then remove from the freezer and the balloon will peel away easily.
- Once the balloons are ready, add a lot of silver glitter to make them even more magical and other-worldly. Each egg could have a different color too!
- Choose where you want them to go (depending on whether this is a small world play set up, a science investigation or even a treasure hunt!)



You can play these songs while the activity!

PLAY SONG



Jueves-Thursday

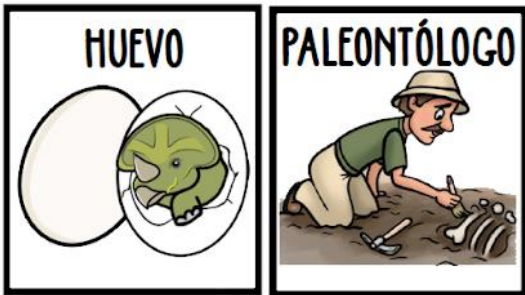
Morning Meeting

Learn about dinosaur colors with this fun children's song! Your child will learn the colors with dinosaurs.

PLAY SONG



› Learn these two words with your child.



Have a dinosaur Picnic day:

Have a picnic. A super easy activity for your toddler. Just lay a blanket down and have lunch in the backyard!

This yummy fruit dinosaur snack is perfect for your dinosaur picnic day.



Cut slices of watermelon, pineapple and strawberries. Build a dinosaur with the shapes.

Play dinosaur bingo with your child!
You can find the cards in page 13-16.

Sensory play: Lava slime

Make this lava slime with just 3 ingredients (plus water). Your child will love squishing their fingers in the slime and using their imagination to rescue their dinosaur toys from the lava flow.

Here's what you need:

- ½ cup Elmer's washable white glue
- ½ cup water
- liquid watercolors or food coloring (red/orange/yellow)
- ¼ cup liquid starch, plus extra as needed

Directions:

- › To make your slime, you will whisk together the glue and water in a large bowl until well blended. Add the coloring of your choice. Keep adding food coloring or liquid watercolor until you get the depth of color you want.
- › Once the color is evenly distributed, you will pour in your liquid starch. Stir until most of the liquid is gone. This will happen very quickly. If you find that there is still liquid hanging around your bowl, you can add more liquid starch at this time. Your slime will look stringy and clumpy at this point. Knead the slime with your hands until it forms a smooth consistency.

Now you are ready to make your lava slime dinosaur scene! Let your child burying their dinosaurs in slime and then rescuing them from disaster!



Viernes-Friday

Morning Meeting:

- › Let's sing and move: "El abecedario de Dinosaurios"- "The dinosaur ABC"

PLAY SONG



Dinosaur yoga!

Roar! Dinosaur Yoga for Kids is here!

Do your children love dinosaurs? This is a fun, active, and engaging way to teach your child about dinosaurs.

Introduce them to Dinosaur Yoga. Pretend to be a Pterodactyl, Diplodocus, Baby Dino and Volcano with these dinosaur-themed yoga cards. (find in page 11-12).



Art time: dinosaur handprint



All you need is paint, you can choose your favorite color and paper.

Cut out a dinosaur with construction paper, then paint your little one's hands to make the spikes! Add two googly eyes.

Gross motor activity: Teaching shapes

Start by drawing shapes on your driveway using sidewalk chalk. You can draw basic shapes like circles, triangles and squares

Once the shapes are drawn, name a shape for your child to go find.

They can race down the driveway on their bikes or just walking, jumping or running.

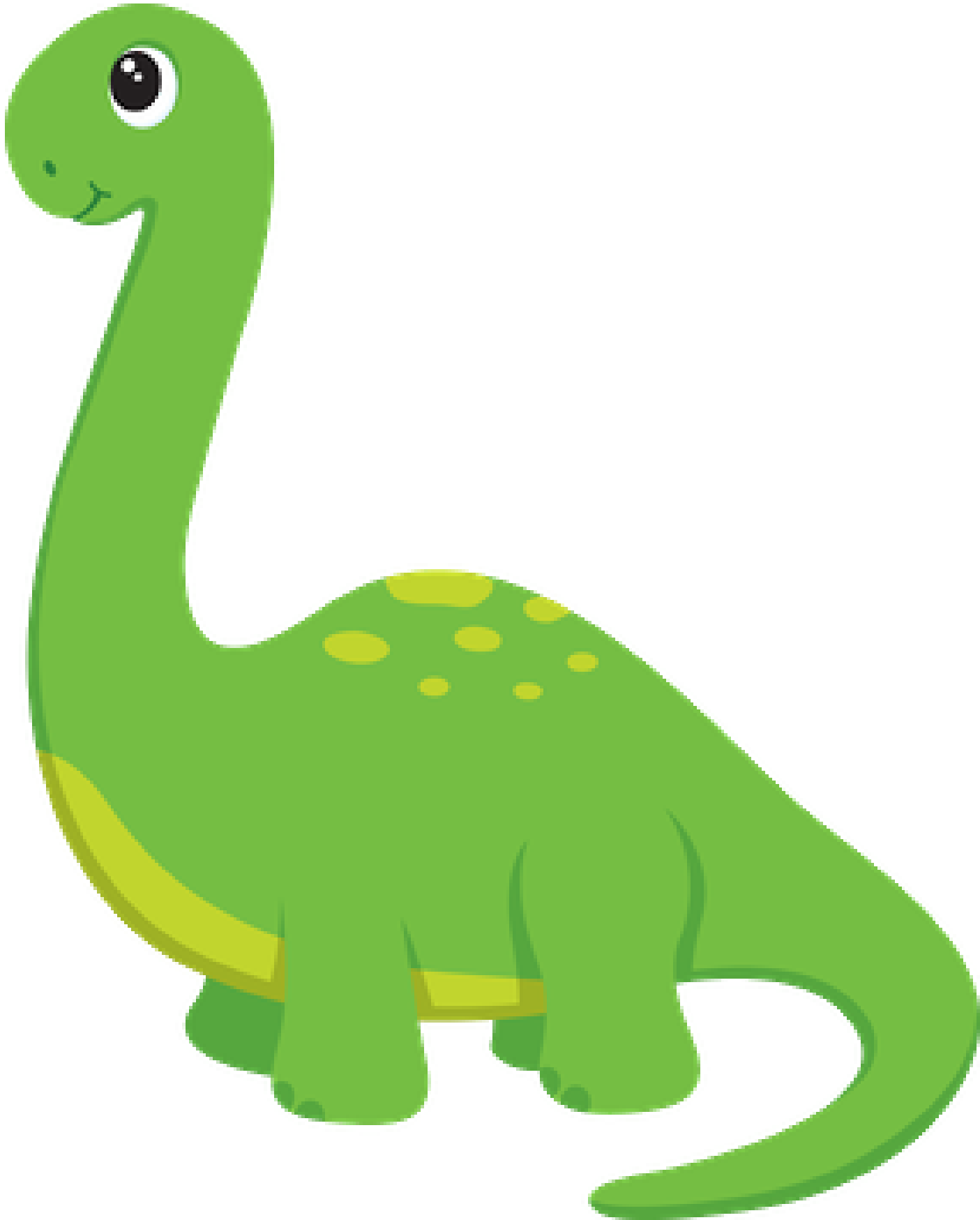
You can do a happy dance once they found their shapes!



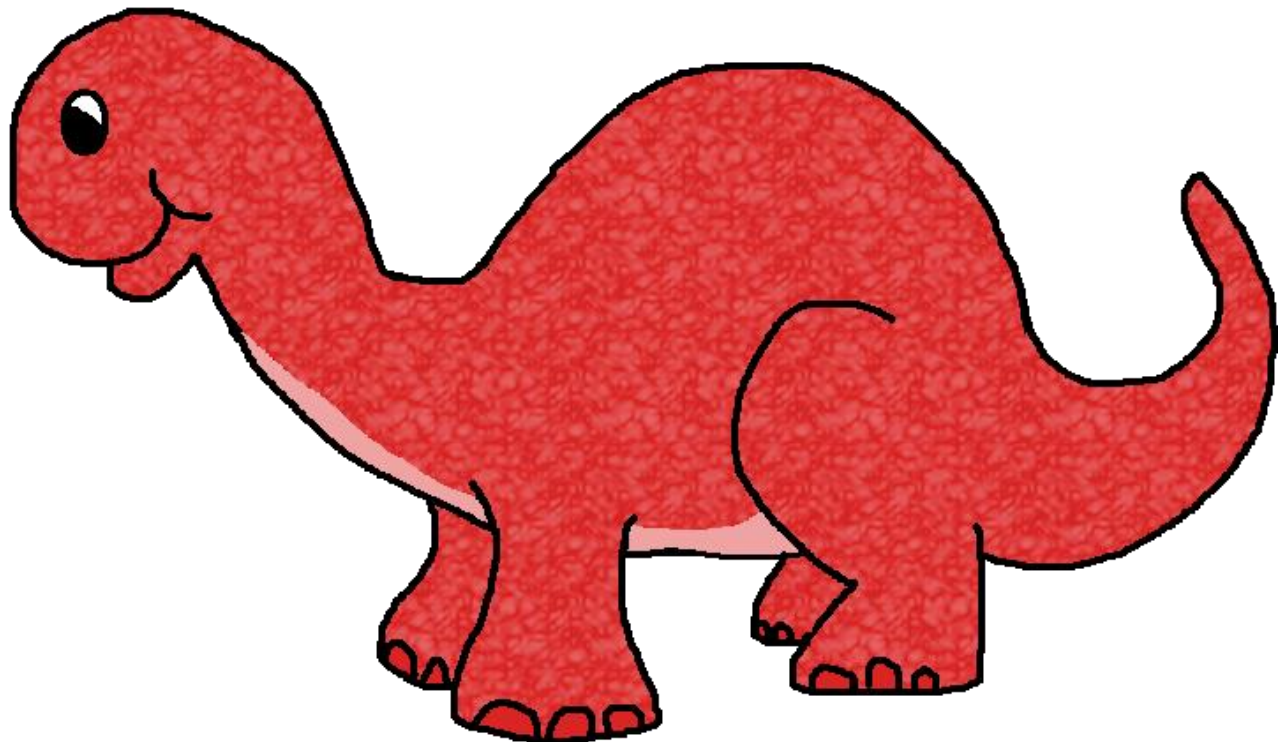
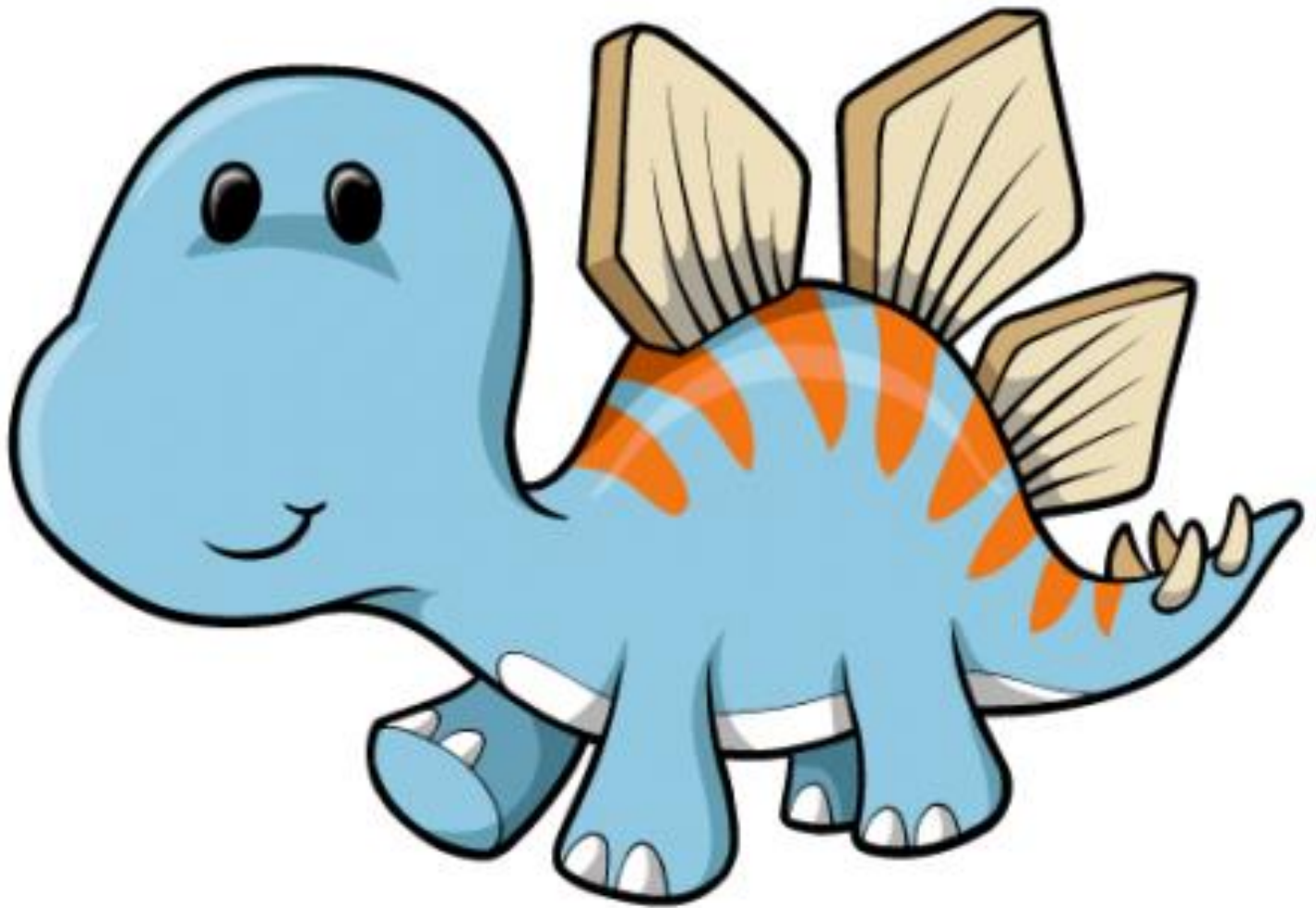
Making the most of routines: Dramatic play

Encourage pretend play and get involved. This will build a strong connection between you and your child and can help encourage creativity. You can do this in many ways. For example, ask what will happen next in the story he is acting out. If they are "cooking," you might say, "What are you cooking? It smells good. Can I have some?"

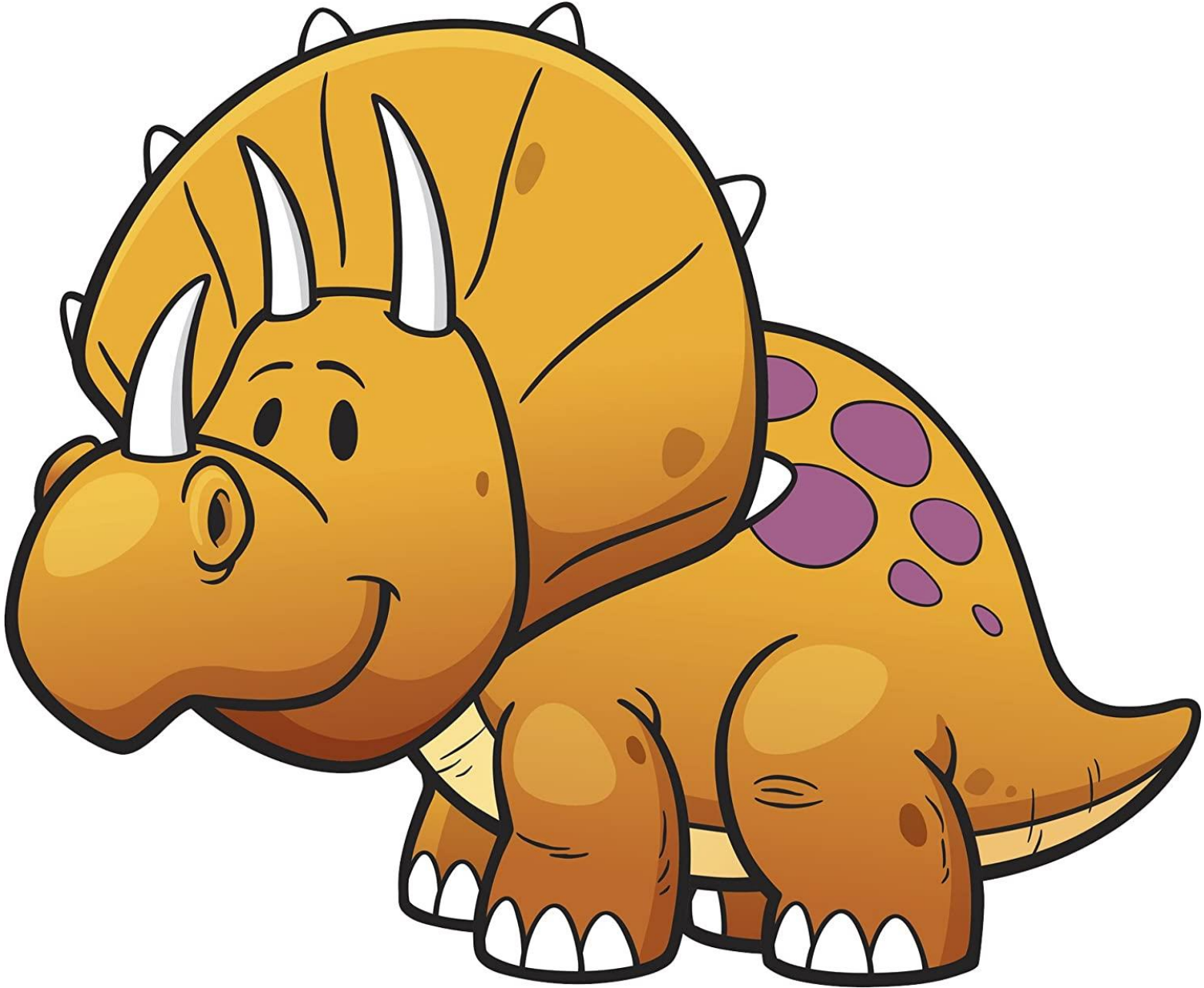
Dinosaur toss printable



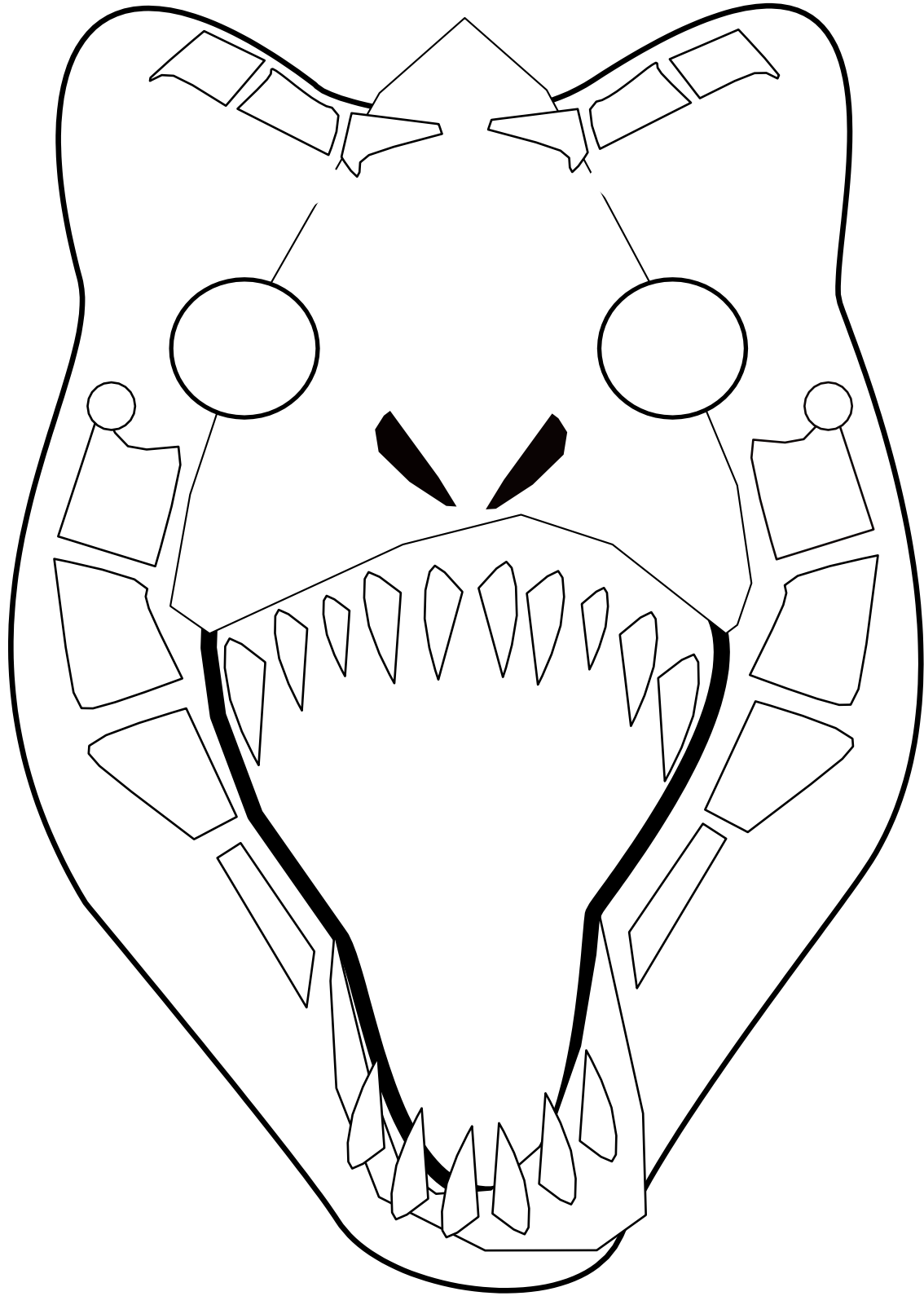
Dinosaur toss printable



Dinosaur toss printable



T-Rex mask printable



Dinosaur yoga poses

PTERODACTYL



DIPLODOCUS



BABY DINO



VOLCANO



Directions

1. Stand straight and tall. Take a deep breath.
2. As you breathe out, extend your arms to shoulder height like a pterodactyl.
3. Take another deep breath and lean forward with your chest. Step one leg behind you.
4. On the back foot, come to your tippy toes. Lean your weight forward.
5. See if you can lift your back leg up.
6. Hold for 30 seconds.

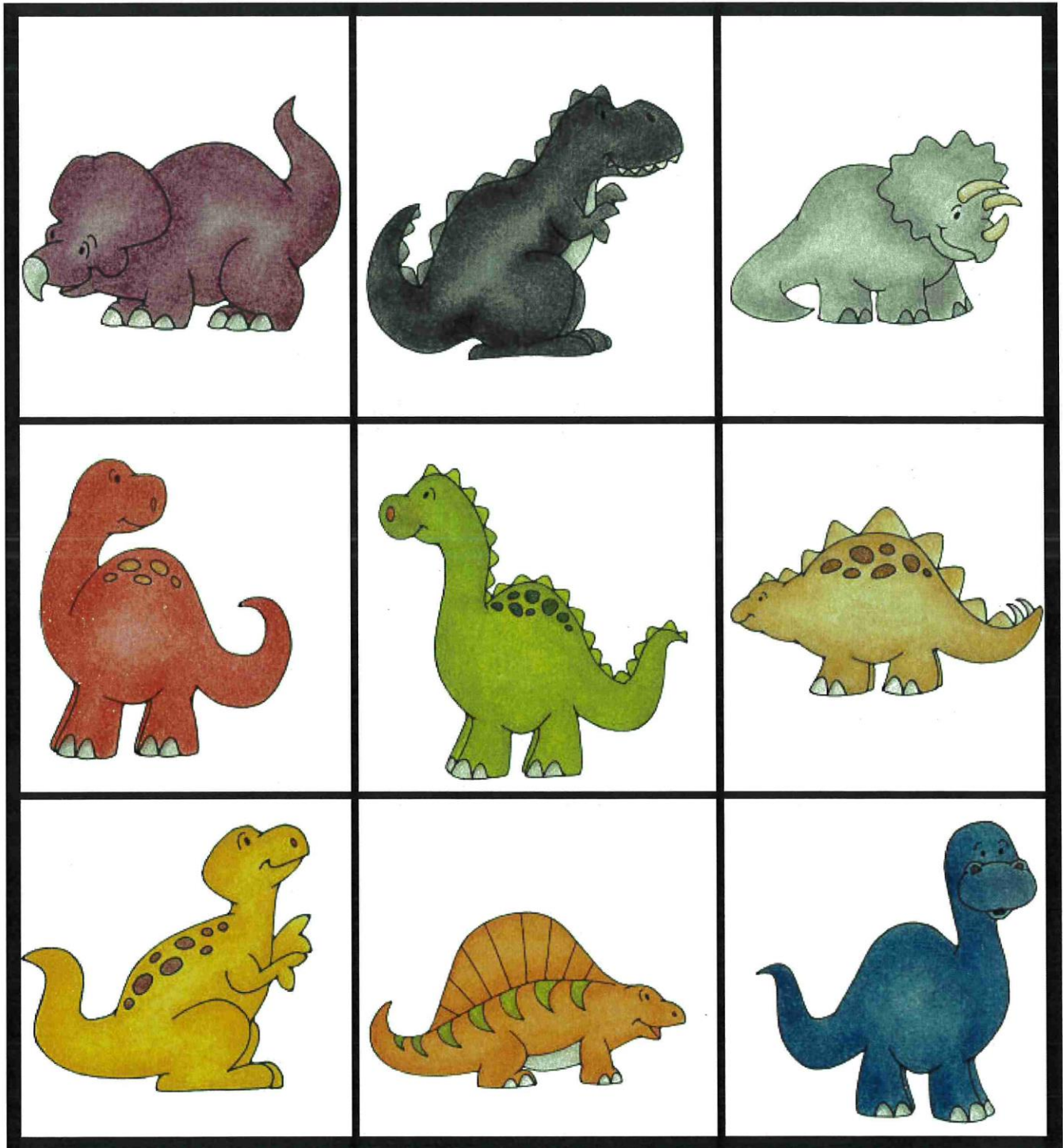
1. Start on your hands and knees. Line up your hands under your shoulders and your knees under your hips.
2. Bring one knee forward, behind your hands.
3. Lower yourself to sitting and allow your front leg to fall open.
4. Keep your back leg bent comfortably.
5. Reach your hand on the side of your front leg high in the air like a diplodocus reaches it's neck.
6. Hold for 5-10 breaths.

1. Begin laying on your back.
2. Bend your knees towards your belly and hold on to your feet.
3. Allow your body to gently rock side-to-side like a baby dinosaur rocking out of it's egg.
4. When you are done, slowly release your legs and stretch out big.

1. Stand tall with hands on your sides and feet slightly apart. Point toes outwards.
2. Inhale and extend arms overhead. Wave them around like a volcano exploding.
3. Exhale and bend knees 90 degrees. Press palms together and pull hands down to your chest.
4. Hold for 30 seconds.

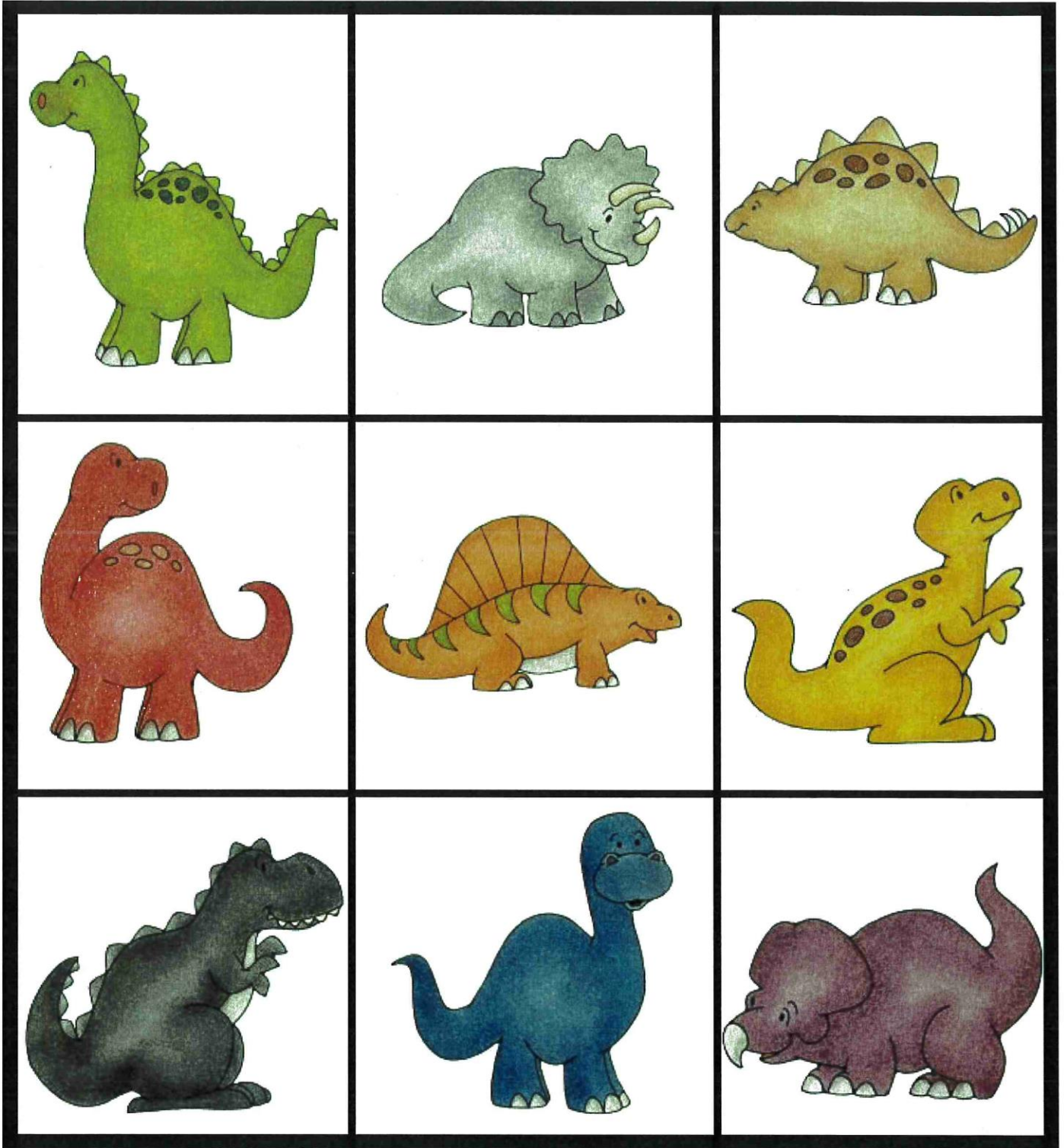


Bingo de dinosaurios



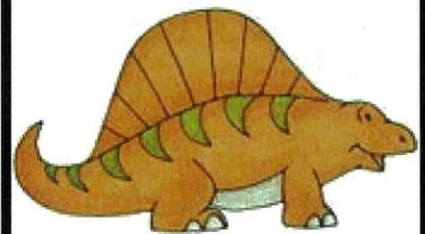
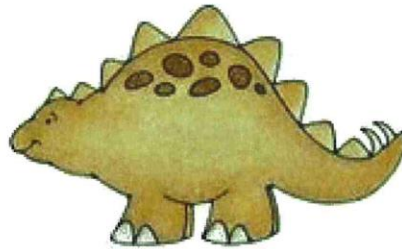
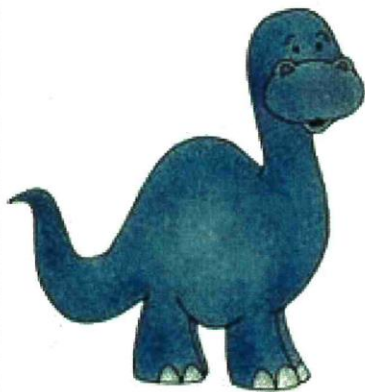
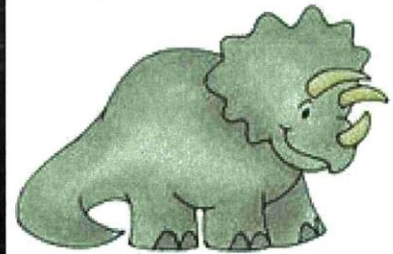
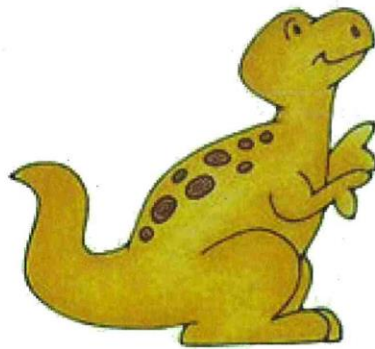
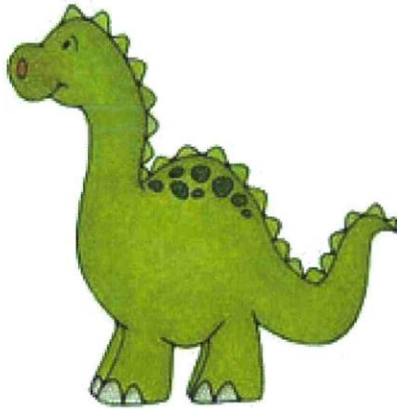
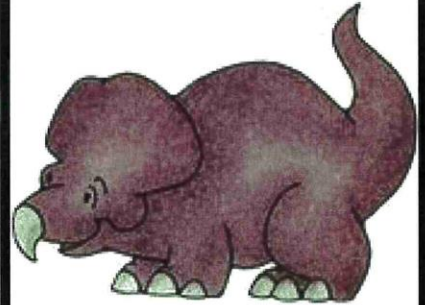
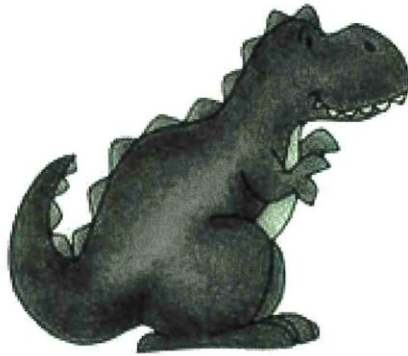
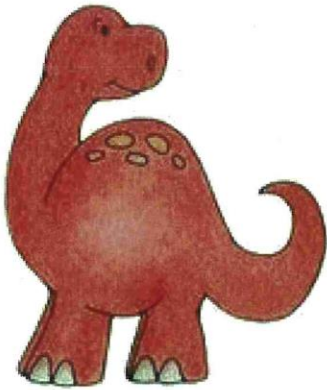


Bingo de dinosauris



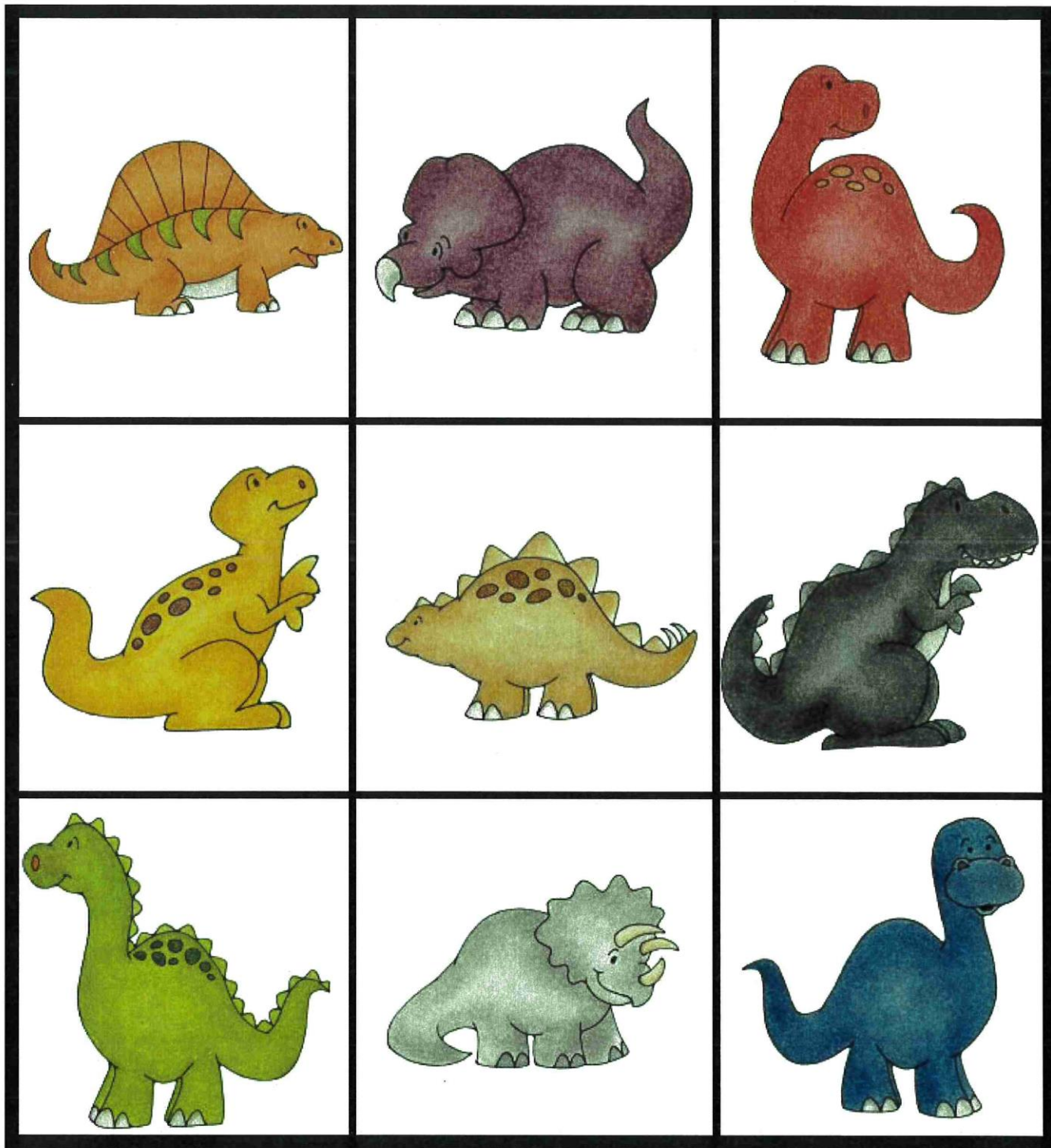


Bingo de dinosaurios





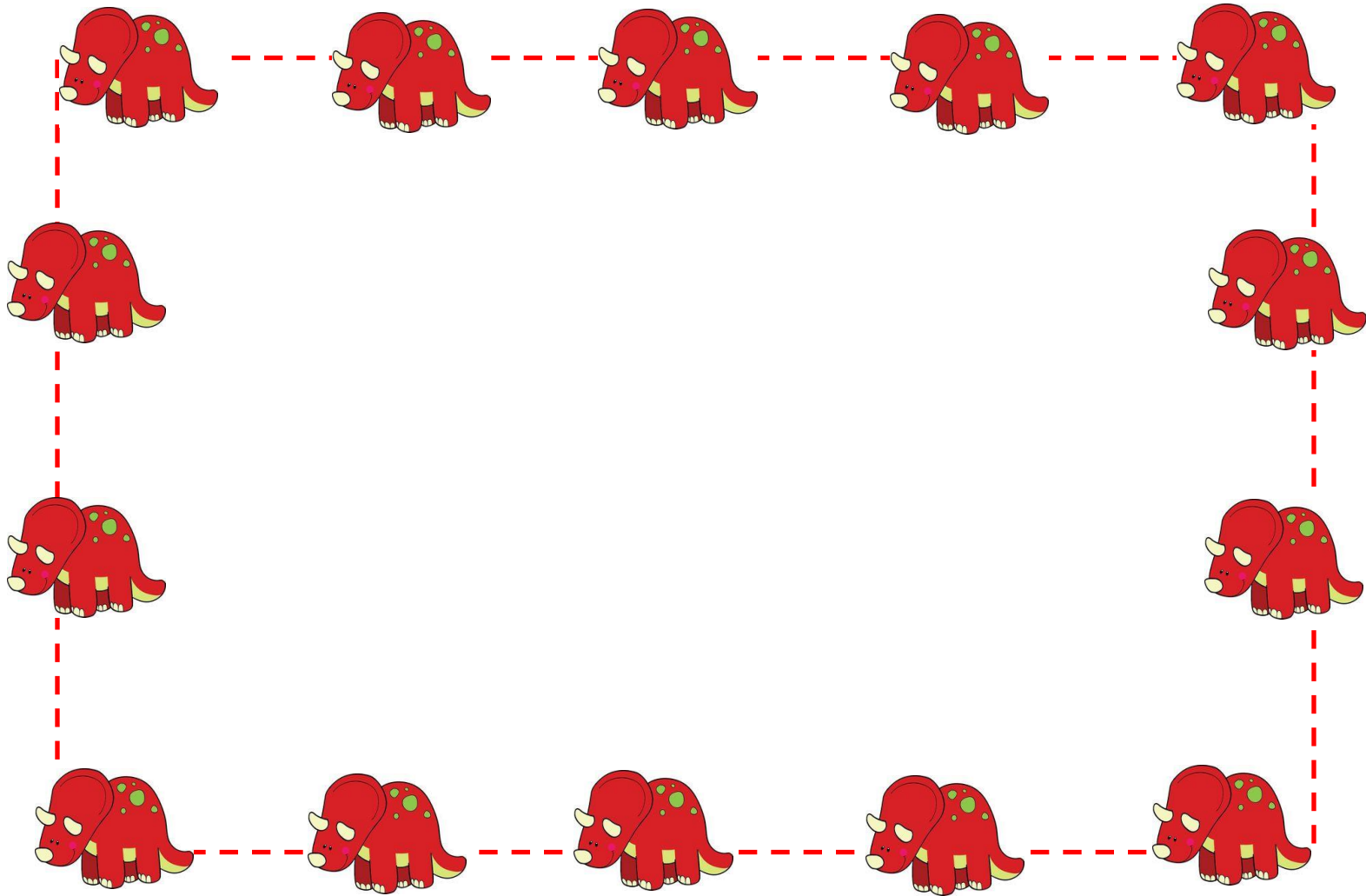
Bingo de dinosaurios



Dinosaur shapes! – ¡Figuras geométricas de dinosaurios!

Directions: Use dinosaur counters and place a dinosaur on each of the dinosaurs around the rectangle.

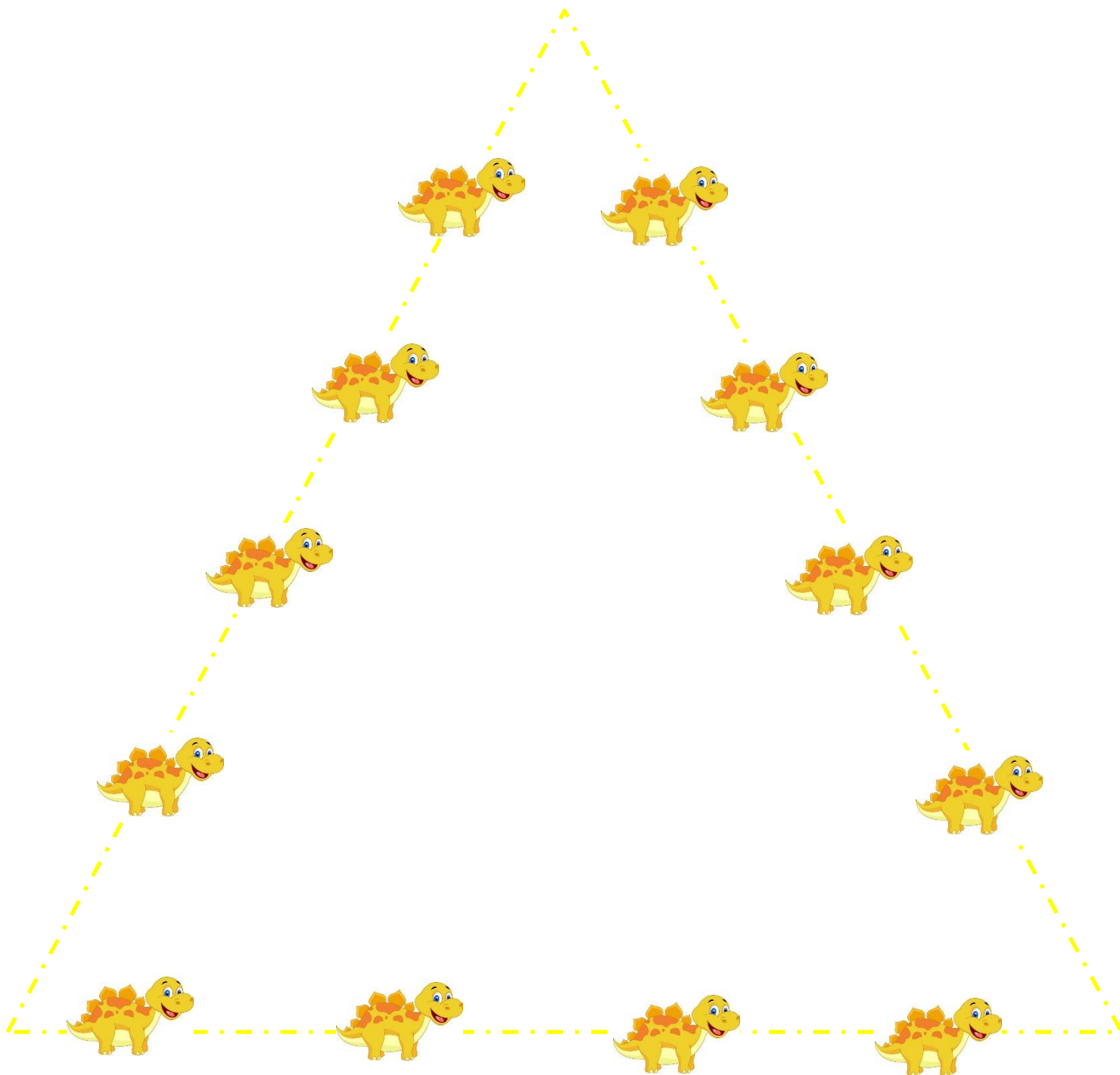
Instrucciones: Usa contadores de dinosaurios y coloca un dinosaurio en cada uno de los dinosaurios alrededor del rectángulo.



Dinosaur shapes! – ¡Figuras geométricas de dinosaurios!

Directions: Use dinosaur counters and place a dinosaur on each of the dinosaurs around the triangle.

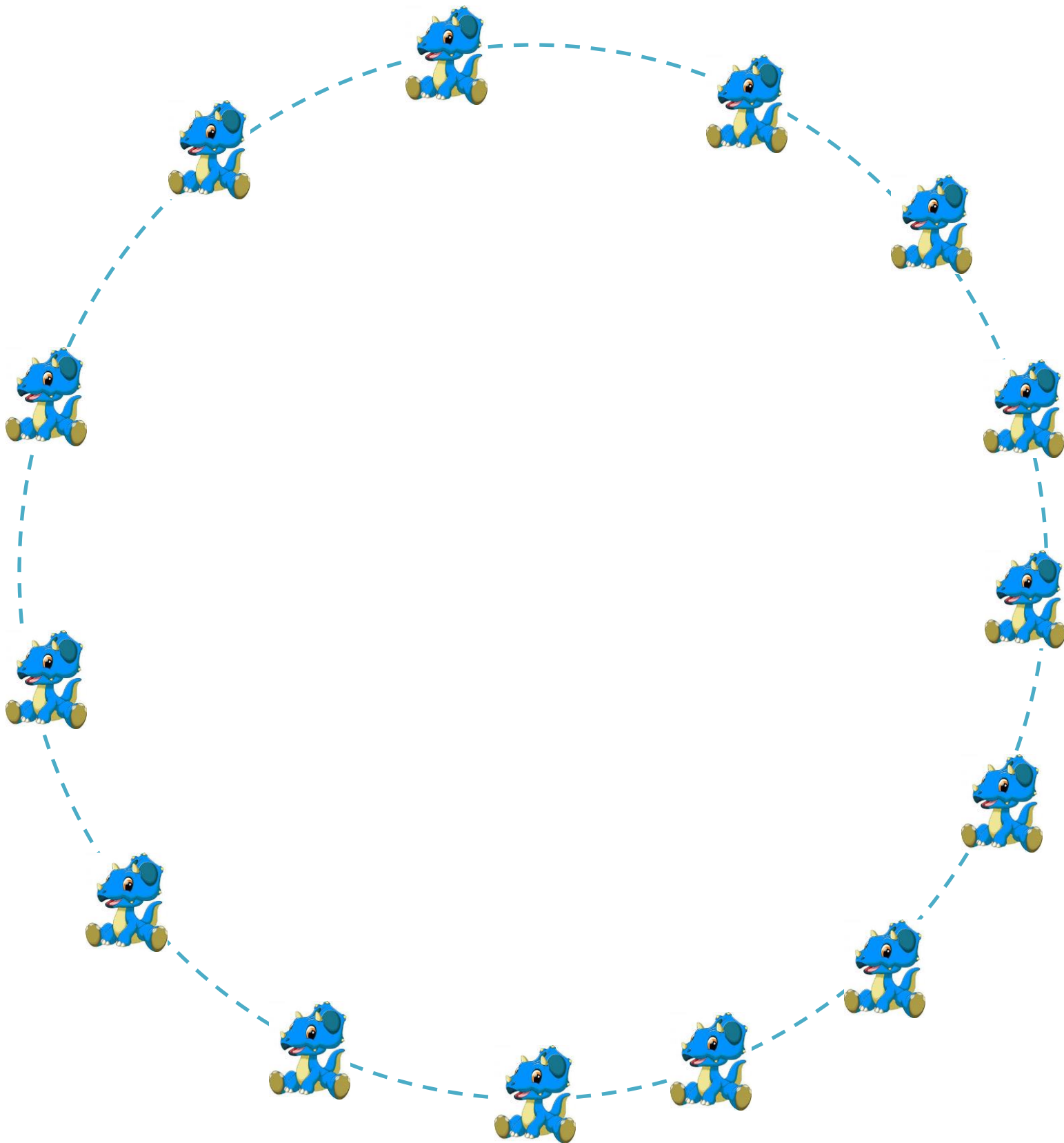
Instrucciones: Usa contadores de dinosaurios y coloca un dinosaurio en cada uno de los dinosaurios alrededor del triángulo.



Dinosaur shapes! – ¡Figuras geométricas de dinosaurios!

Directions: Connect the dinosaurs and make the circle using playdough.

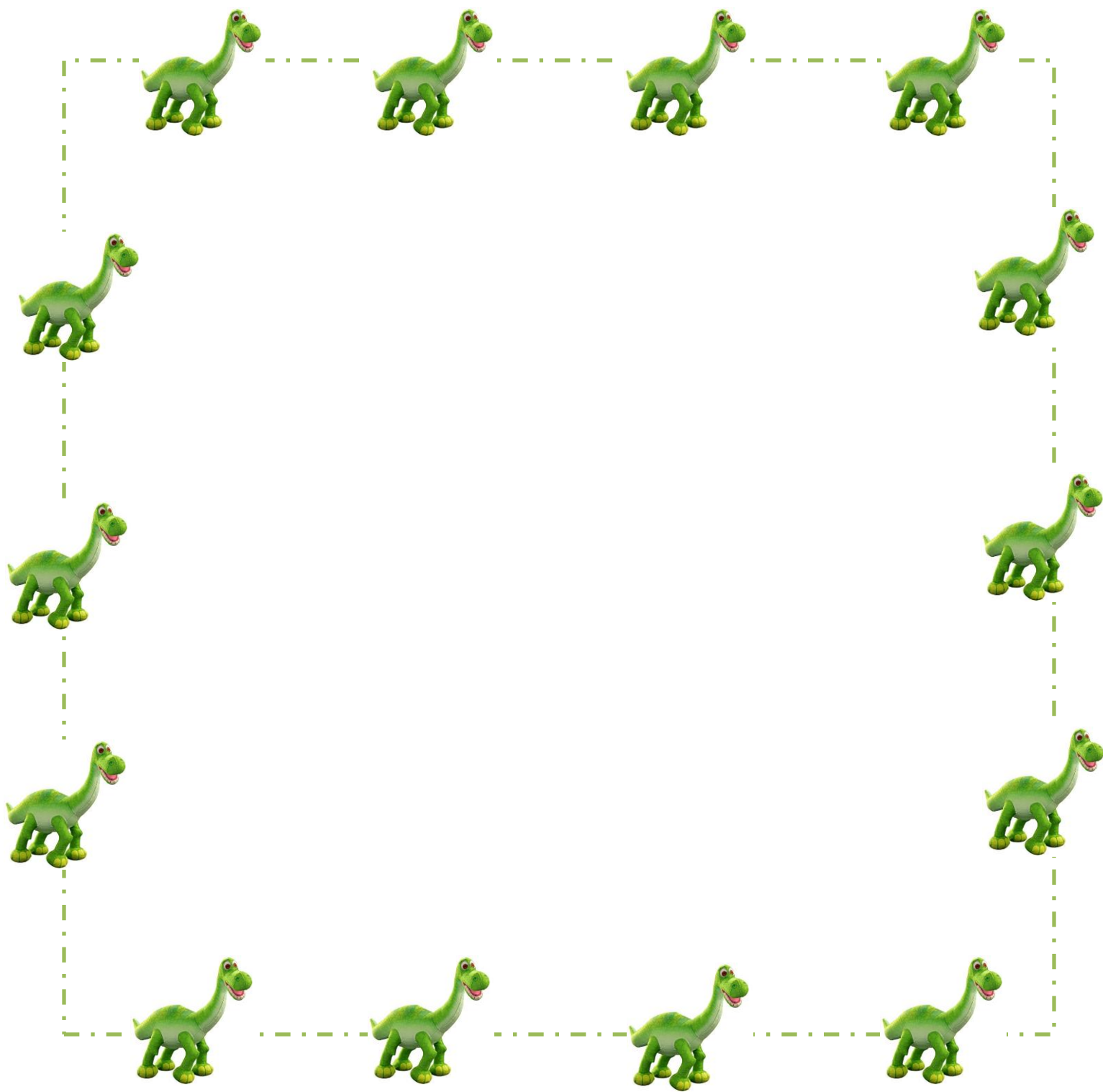
Instrucciones: conecta los dinosaurios y forma el círculo usando plastilina.



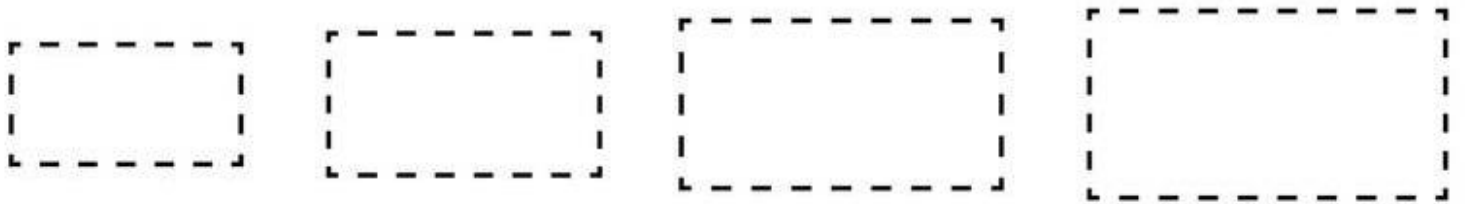
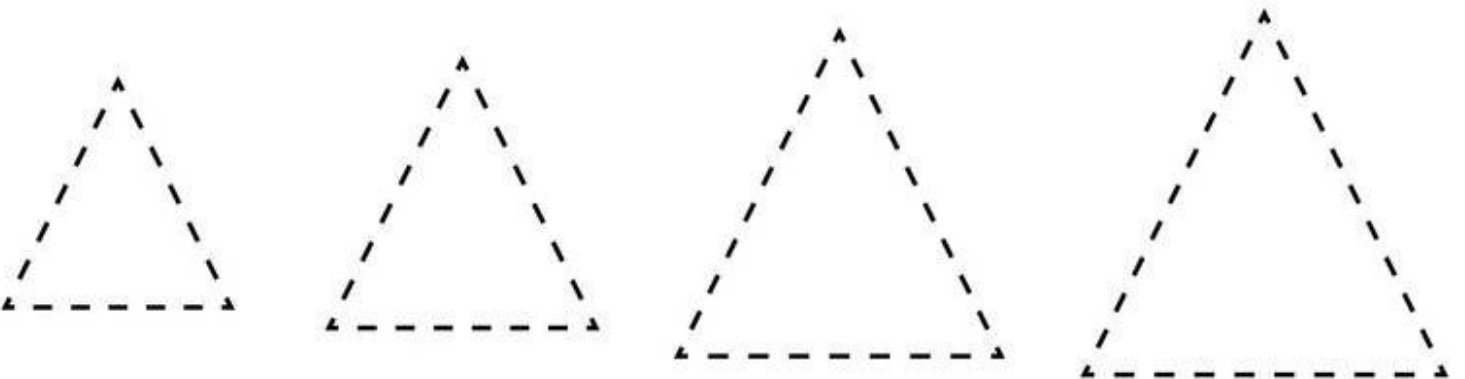
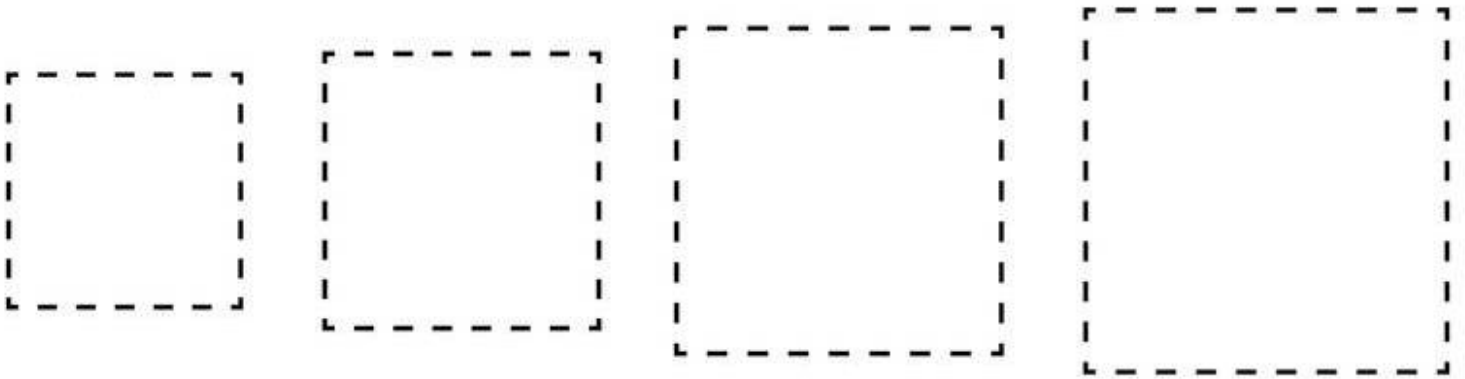
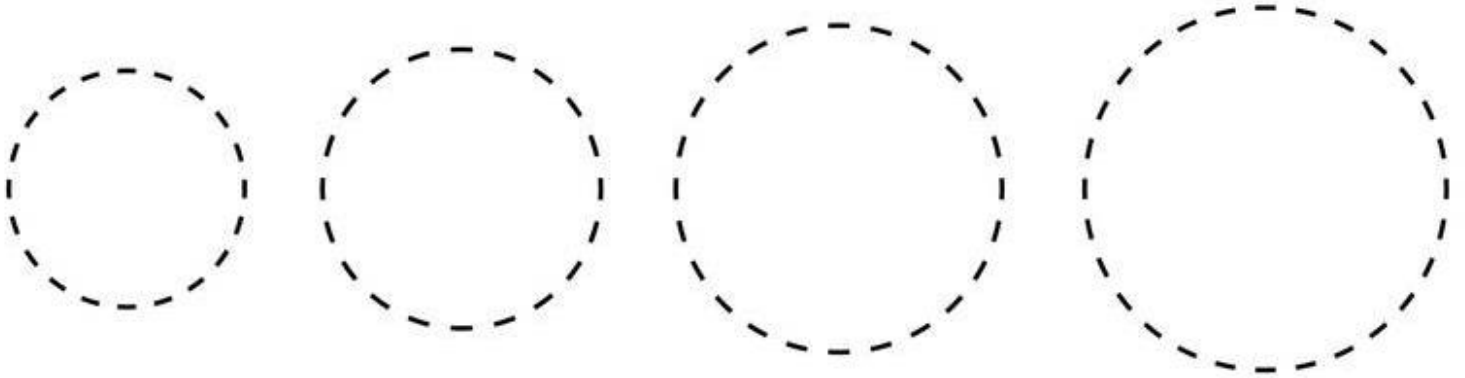
Dinosaur shapes! – ¡Figuras geométricas de dinosaurios!

Directions: Connect the dinosaurs and make the square using playdough.

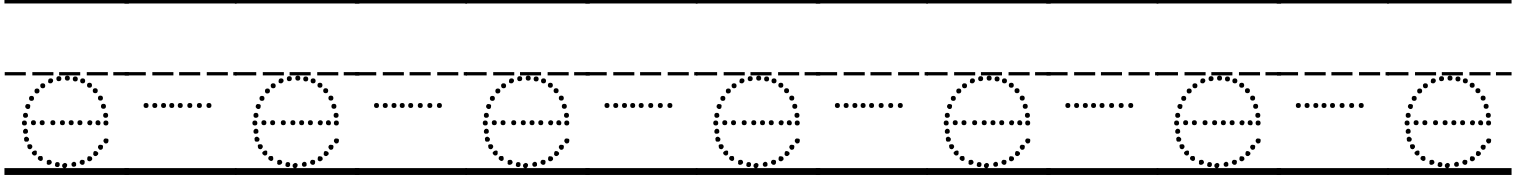
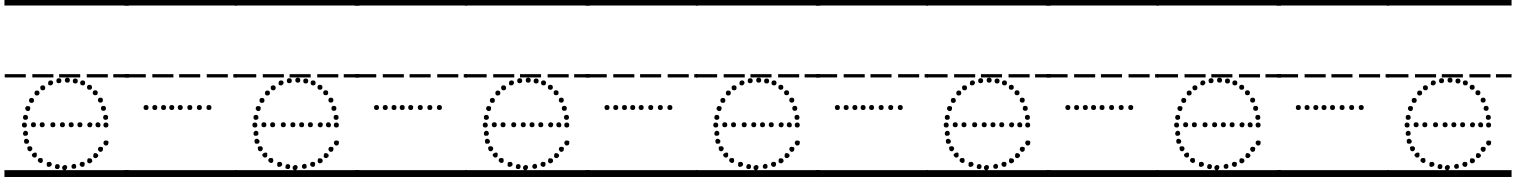
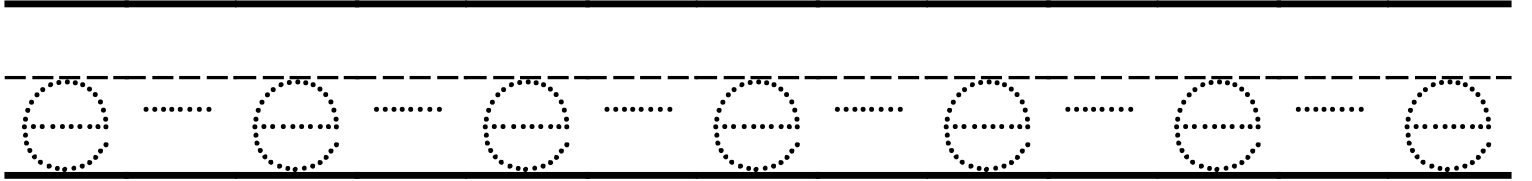
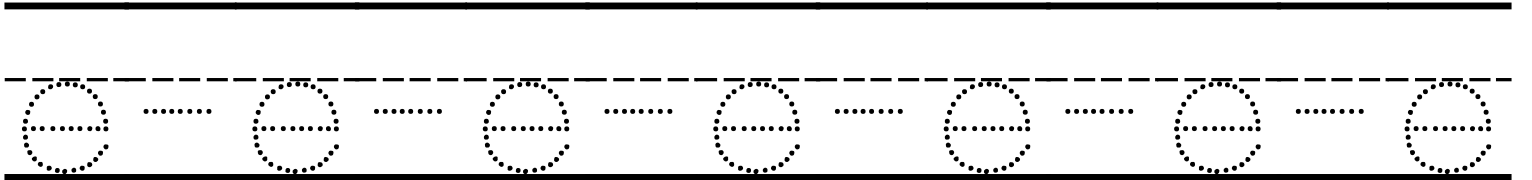
Instrucciones: conecta los dinosaurios y forma el cuadrado usando plastilina.



Trace the shapes / Traza las figuras



Tracing the letter e — Trazando la letra e



Tracing the letter E — Trazando la letra E

