

Home activities to do with your child



Lunes - Monday

Morning Meeting

• Talk about your weekend. What was your favorite part of the weekend?

Let's sing and move "Un pequeño dedo" / "One little finger"



Guide learning activity: Name building

with blocks

For this activity, write your child's name on the blocks. For the base you may need to glue blocks together if their name is longer than 4 letters" The name is not shorter or longer than 4 blocks, it's shorter or longer than 4 letters.

The great thing about this toddler activity is that it's not limited to just teaching your child how to spell their names. Learning sight words is another great educational toddler learning activity to try.



Science activity: Dancing rice

Here's what you need:

- White Vinegar
- Baking Soda
- Instant Rice (non-instant rice is too dense for this project)
- Clear Jar
- Water
- Food Coloring (Optional)

Directions:

- Fill the clear jar 3/4 way full of water. If desired, mix in food coloring.
- > Add in 1 TBS of Baking Soda and Stir. Mix completely.
- > 1/4 Cup Of Uncooked Rice. Note that instant rice is needed for this project! Non-instant rice is too dense and won't result in a "dancing" reaction.
- \rangle Add in 2-3 TBS of White Vinegar.

Children will enjoy the dancing of the rice. Maybe even turn on some music and tell kids to dance like the rice.



Rayito de Sol



Martes -Tuesday

Morning Meeting:

Sing about STEAM! Songs with repeated phrases like "Old MacDonald Had a Farm,", "Wheels on the Bus," or "Five little Monkeys" can teach children about patterns.



Engineering activity — Building shapes Preparation:

- Print the task cards and then cut along the line in the center. (Print on cardstock for add durability). *Find in page 7-10
- Place the task cards in a pile beside a basket of popsicle sticks – ideally a variety of sizes so that the sides of shapes like a rectangular prism can be made using one piece instead of two joined together. Other materials such as straws, colored matchsticks and chenille sticks work well too.
- For the 3D shapes provide some playdough or plasticine so that the corners and sides can be stuck together.
- Encourage the kids to have a go at building the different shapes.



Gross motor activity: Movement song

Let's sing and move: "Caminando, caminando" – "Walking, walking"

With this song, your child can jump, bounce and skip and hop to their hearts delight!

When kids move to music, they are getting so much more than just exercise. They are also developing their coordination, balance, concentration and cognitive abilities.



Making the most of routines: Outdoors

If the weather is nice, nearly everything that you do indoors can be done outdoors! Consider going outdoors for some of your experiences during the day. You can read a book, play with art materials, take blocks to build, or take real or homemade instruments outdoors.

Sometimes a change of scenery inspires new ways to explore!





Miércoles-Wednesday

Morning Meeting

Let's sing and move: "dibujar y pintar" – "Draw and paint"



Guided learning: Shadow Experiment

Here's what you need:

- several toys
- paper
- marker



Directions:

- > Choose a time to do this experiment. Do this in early morning or late afternoon.
- \rangle Place the toys on the paper.
- > Using the marker, trace the outline of the shadows on the paper.

Make a robot snack!

You need: pretzel sticks, large marshmallows, small marshmallows.

Your child will enjoy this challenge; using pretzel sticks and different sized marshmallows to create any kind of robot they like! As you can see, no two were alike...and these are just a few of the many robots created!



Art activity: Painting with bubbles



Your child will have a blast blowing bubbles, combining colors, and making beautiful prints.

Here's what you need:

- small plastic containers to hold the paint mixture
- food coloring in a variety of colors
- liquid dish soap
- water
- straws
- a push pin
- small pieces of thick paper (construction, card stock, watercolor paper)

Directions:

- Poke a hole into the straws so your child can't drink the bubble solution. The hole will still allow them to blow bubbles.
- > To make your paint solution, add food coloring to the bottom of a plastic container. Then add a squirt of dish soap and filled the container with a couple of inches of water. You might have to play a little bit to get the best ratio of paint to water to soap.
- The solution should be thin enough so that when your child blow bubbles into the liquid, the bubbles will expand over the top of the container. Your child can lightly press a small piece of paper over the bubbles. This will leave an interesting print on the paper. Add a variety of colors of bubbles to one piece of paper.

Your child will enjoy looking at how the colors mix together on the paper.



Jueves-Thursday

Morning Meeting

Let's Sing and move: "Si las gotas de lluvia" You will have a lot of fun singing this Spanish rain song.

Perfect for this Spring showers!



Dramatic play: Construction towers.

Give your littles a challenge with tape towers! Add painter's tape to the wall and ask your child if they can build a tower as high as each piece of tape.



Inviting your child to build a tower as "tall" as each strip of tape presents a challenge and adds excitement to building with blocks.

Engineering activity: Color sort and stack

Fruit loops are a great learning engineering! For this activity, prepare with a playdough and kabob skewers to create an opportunity for your child to practice sorting and graphing.



Making the most of routines: Sing

Sing during everyday activities like driving in the car, or during bath time. It can be repetitive and simple, like "Wash your toes, wash your nose!"



Singing songs that have basic counting or rhyming patterns also helps children learn basic math skills. "One, two, buckle my shoe. Three, four, open the door."





Viernes-Friday

Morning Meeting:

Let's Sing and Move: Buenos días / Good morning.



Math activity: Sticky tape shapes



Here's what you need:

- Masking tape
- Foam shapes

Easy Activity Set Up

- > To set this fun and easy shape recognition activity up all you'll need is masking tape and foam shapes.
- Tear off a few pieces of masking tape and tape them with the sticky side facing up.
- > Then use another piece of masking tape to secure these pieces on the floor.
- Make a few lines of tape facing up and then make a square. Additionally, you can create a triangle and rectangle.

Technology activity: Paper cup phone

Here's what you need:

- 2 paper cups
- 20 feet of string (We used yarn.)
- Sharpened Pencil
- 2 Paper clips (optional)

Directions:

- To make your own cup phones, use the tip of a pencil to poke a small hole at the bottom of each of your two cups.
- Next, thread the string through the hole of one cup. We just tied a knot in the yarn on the inside of the cup to keep it in place. If the string keeps slipping through the hole you can tie it to a paper clip to help keep it in place.
- Pull the string through the bottom of your second cup, securing it with an knot on the inside, too. (See photo above.)
- To use your cup phones the string must be kept taut. When one person whispers in their cup, the other should be able to hear their voice through their own cup.



















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Clasificando figuras geométricas / Sorting shapes







Comparando figuras / Matching shapes

Instrucciones: Une los objetos a sus formas correspondientes. Instructions: Match the objects to their corresponding shapes.





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Tracing shapes / Trazando figuras geométricas



















Word trace

Directions: Trace the words below that begin with the letter "e", and color the picture of each word. Instrucciones: Traza las palabras a continuación que comienzan con la letra "e" y colorea la imagen de cada palabra.







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