



Home activities to do with your Preschooler

Week 4: June 22 – June 26

- **Science activity:** Shaving Cream Rain Clouds.
- **Technology activity:** Paper cup phone.
- **Engineering Activity –** Foam blocks & shaving cream towers
- **Art activity:** Slide painting.
- **Math activity:** Sticky tape shapes

Special activities and STEAM



- Engage your child in thoughtful and meaningful conversations that stimulate their thinking and learning process. Your child will start to understand the nature and meaning of the questions and will start using the skills to learn and hold daily conversations.

Language



- Games can be a fun way to help your child learn about shapes around them.
- Look for shapes or colors around the house, ask your child to find circles, triangles, rectangles or squares.

Cognitive



- Do variety of activities with your child in order to promote their social skills. They will learn how to participate in group and individual activities. Share family stories with them, especially stories when they were babies.

Social-emotional



- Encourage your child to further develop their creativity while improving their fine motor skills by letting them create things using their hands.

Fine motor



- Spend time outside, where there is plenty of room to safely run, jump and climb.
- Turn on music and march around the house. Or, if your family likes to dance, turn on music and have fun!

Gross motor



Lunes - Monday

Morning Meeting

- Talk about your weekend. What was your favorite part of the weekend?

Let's sing and move "Un pequeño dedo" / "One little finger"

PLAY SONG



Guide learning activity: Name building with blocks

For this activity, write your child's name on the blocks. For the base you may need to glue blocks together if their name is longer than 4 letters" The name is not shorter or longer than 4 blocks, it's shorter or longer than 4 letters.

The great thing about this toddler activity is that it's not limited to just teaching your child how to spell their names. Learning sight words is another great educational toddler learning activity to try.



Science activity: Dancing rice

Here's what you need:

- White Vinegar
- Baking Soda
- Instant Rice (non-instant rice is too dense for this project)
- Clear Jar
- Water
- Food Coloring (Optional)

Directions:

- > Fill the clear jar 3/4 way full of water. If desired, mix in food coloring.
- > Add in 1 TBS of Baking Soda and Stir. Mix completely.
- > 1/4 Cup Of Uncooked Rice. Note that instant rice is needed for this project! Non-instant rice is too dense and won't result in a "dancing" reaction.
- > Add in 2-3 TBS of White Vinegar.

Children will enjoy the dancing of the rice. Maybe even turn on some music and tell kids to dance like the rice.



Martes -Tuesday

Morning Meeting:

Sing about STEAM! Songs with repeated phrases like "Old MacDonald Had a Farm," "Wheels on the Bus," or "Five little Monkeys" can teach children about patterns.

PLAY SONG



Engineering activity — Building shapes

Preparation:

- › Print the task cards and then cut along the line in the center. (Print on cardstock for add durability). **Find in page 7-10*
- › Place the task cards in a pile beside a basket of popsicle sticks – ideally a variety of sizes so that the sides of shapes like a rectangular prism can be made using one piece instead of two joined together. Other materials such as straws, colored matchsticks and chenille sticks work well too.
- › Encourage the kids to have a go at building the different shapes.



Gross motor activity: Movement song

Let's sing and move: "Caminando, caminando" – "Walking, walking"

With this song, your child can jump, bounce and skip and hop to their hearts delight!

When kids move to music, they are getting so much more than just exercise. They are also developing their coordination, balance, concentration and cognitive abilities.



Click to the video

Making the most of routines: Outdoors

If the weather is nice, nearly everything that you do indoors can be done outdoors! Consider going outdoors for some of your experiences during the day. You can read a book, play with art materials, take blocks to build, or take real or homemade instruments outdoors.

Sometimes a change of scenery inspires new ways to explore!

Miércoles-Wednesday

Morning Meeting

Let's sing and move: "dibujar y pintar" – "Draw and paint"

PLAY SONG



Guided learning: Shadow Experiment

Here's what you need:

- several toys
- paper
- marker



Directions:

- > Choose a time to do this experiment. Do this in early morning or late afternoon.
- > Place the toys on the paper.
- > Using the marker, trace the outline of the shadows on the paper.

Make a robot snack!

You need: pretzel sticks, large marshmallows, small marshmallows.

Your child will enjoy this challenge; using pretzel sticks and different sized marshmallows to create any kind of robot they like! As you can see, no two were alike...and these are just a few of the many robots created!



Art activity: Painting with bubbles



Your child will have a blast blowing bubbles, combining colors, and making beautiful prints.

Here's what you need:

- small plastic containers to hold the paint mixture
- food coloring in a variety of colors
- liquid dish soap
- water
- straws
- a push pin
- small pieces of thick paper (construction, card stock, watercolor paper)

Directions:

- > Poke a hole into the straws so your child can't drink the bubble solution. The hole will still allow them to blow bubbles.
- > To make your paint solution, add food coloring to the bottom of a plastic container. Then add a squirt of dish soap and filled the container with a couple of inches of water. You might have to play a little bit to get the best ratio of paint to water to soap.
- > The solution should be thin enough so that when your child blow bubbles into the liquid, the bubbles will expand over the top of the container. Your child can lightly press a small piece of paper over the bubbles. This will leave an interesting print on the paper. Add a variety of colors of bubbles to one piece of paper.

Your child will enjoy looking at how the colors mix together on the paper.

Jueves-Thursday

Morning Meeting

Let's Sing and move: "Si las gotas de lluvia"
You will have a lot of fun singing this Spanish rain song.

Perfect for this Spring showers!

PLAY SONG



Dramatic play: Construction towers.

Give your littles a challenge with tape towers! Add painter's tape to the wall and ask your child if they can build a tower as high as each piece of tape.



Inviting your child to build a tower as "tall" as each strip of tape presents a challenge and adds excitement to building with blocks.

Engineering activity: Color sort and stack

Fruit loops are a great learning engineering!
For this activity, prepare with a playdough and kabob skewers to create an opportunity for your child to practice sorting and graphing.



Making the most of routines: Sing

Sing during everyday activities like driving in the car, or during bath time. It can be repetitive and simple, like "Wash your toes, wash your nose!"



Singing songs that have basic counting or rhyming patterns also helps children learn basic math skills. "One, two, buckle my shoe. Three, four, open the door."

Viernes-Friday

Morning Meeting:

Let's Sing and Move: Buenos días / Good morning.

PLAY SONG



Math activity: Sticky tape shapes



Here's what you need:

- Masking tape
- Foam shapes

Easy Activity Set Up

- › To set this fun and easy shape recognition activity up all you'll need is masking tape and foam shapes.
- › Tear off a few pieces of masking tape and tape them with the sticky side facing up.
- › Then use another piece of masking tape to secure these pieces on the floor.
- › Make a few lines of tape facing up and then make a square. Additionally, you can create a triangle and rectangle.

Technology activity: Paper cup phone

Here's what you need:

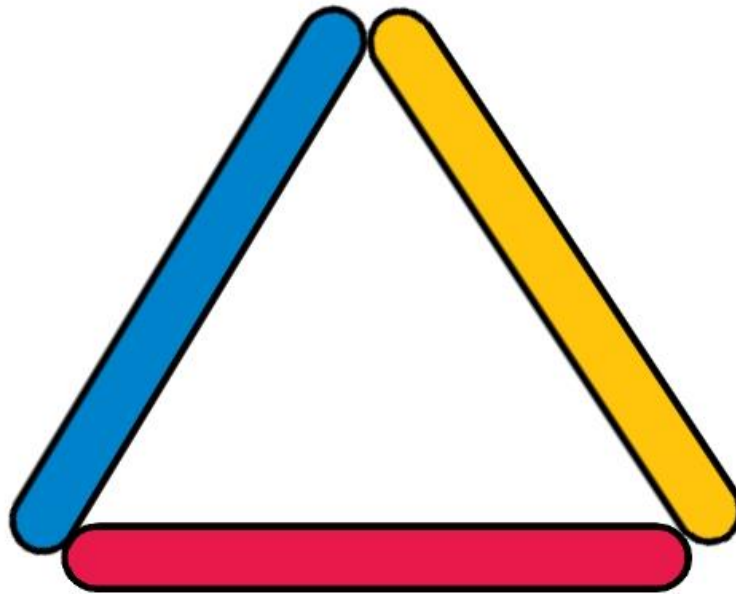
- 2 paper cups
- 20 feet of string (We used yarn.)
- Sharpened Pencil
- 2 Paper clips (optional)

Directions:

- › To make your own cup phones, use the tip of a pencil to poke a small hole at the bottom of each of your two cups.
- › Next, thread the string through the hole of one cup. We just tied a knot in the yarn on the inside of the cup to keep it in place. If the string keeps slipping through the hole you can tie it to a paper clip to help keep it in place.
- › Pull the string through the bottom of your second cup, securing it with a knot on the inside, too. (See photo above.)
- › To use your cup phones the string must be kept taut. When one person whispers in their cup, the other should be able to hear their voice through their own cup.



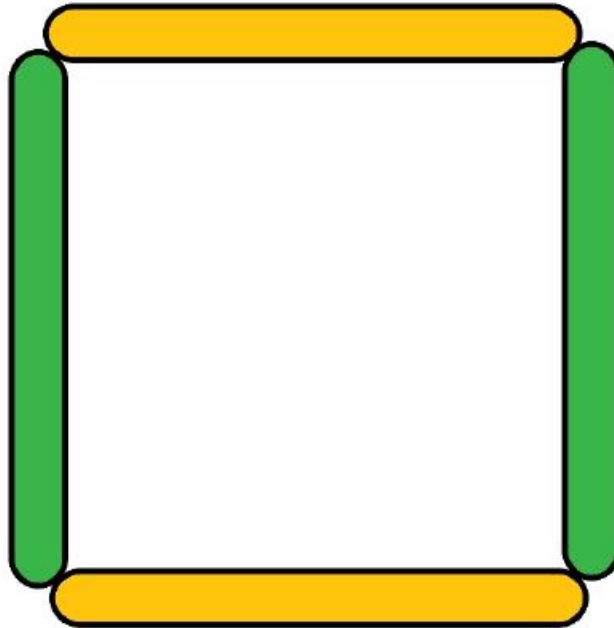
2D Shapes



triángulo
triangle

STEM Laboratory

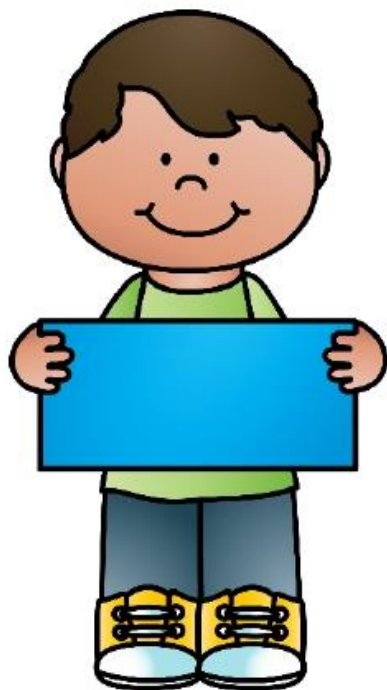
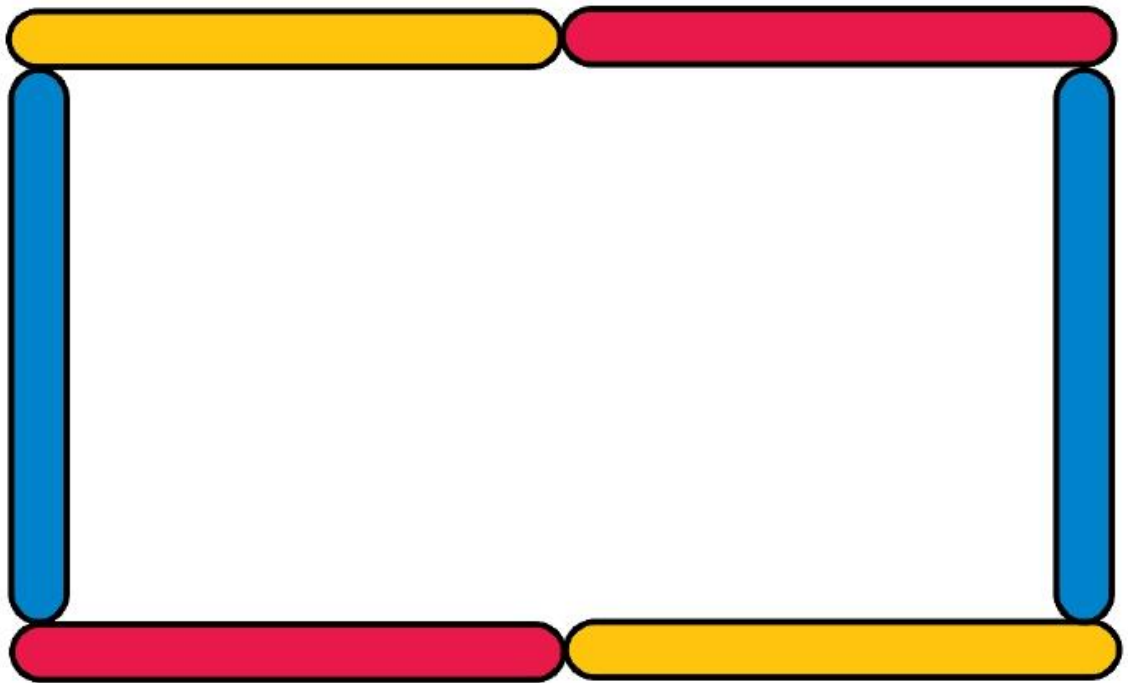
2D Shapes



cuadrado
square

STEM Laboratory

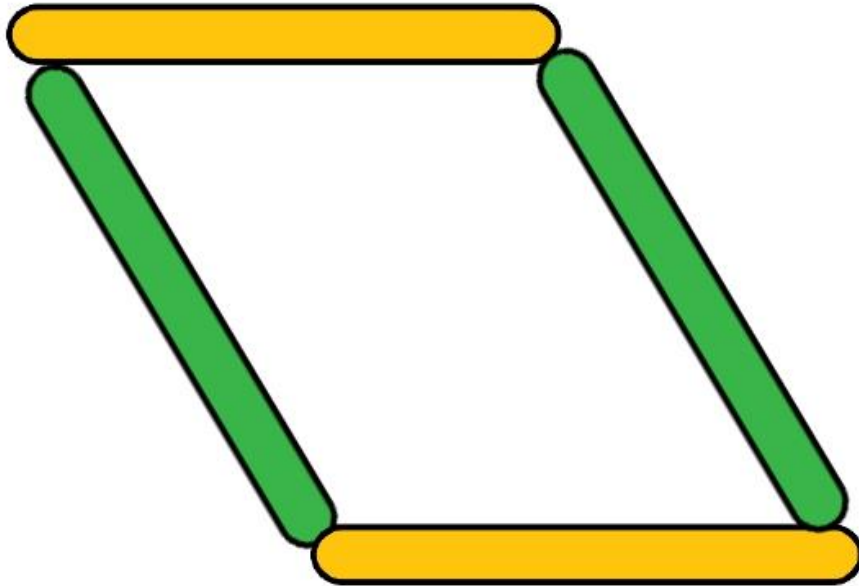
2D Shapes



rectángulo
rectangle

STEM Laboratory

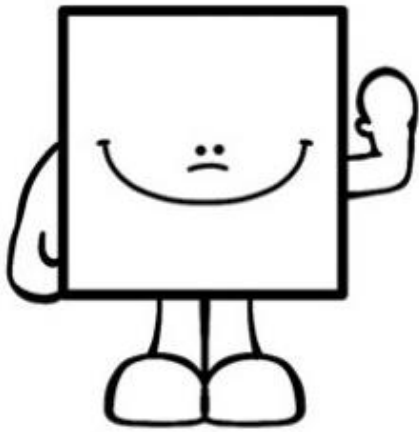
2D Shapes



rombo
rhombus

STEM Laboratory

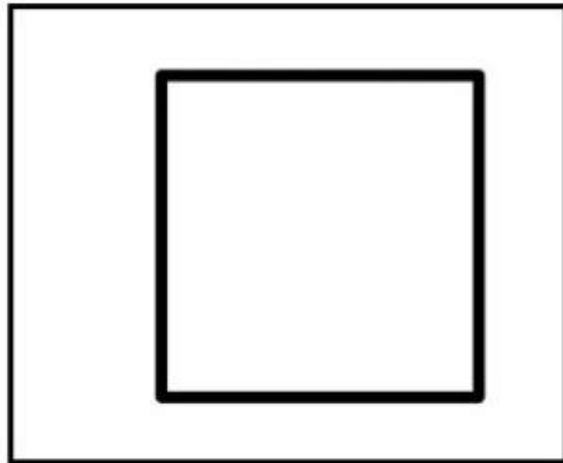
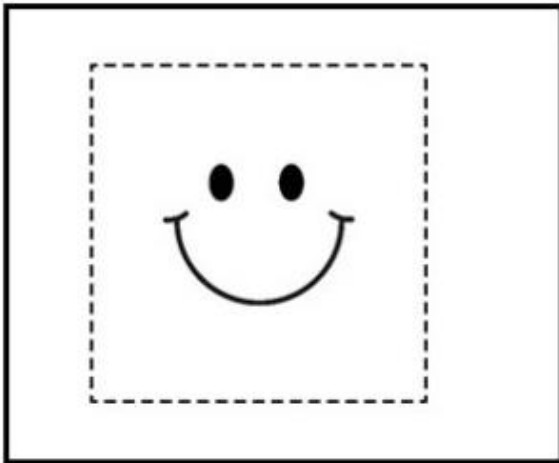
¡Veo un cuadrado! / I see a square!



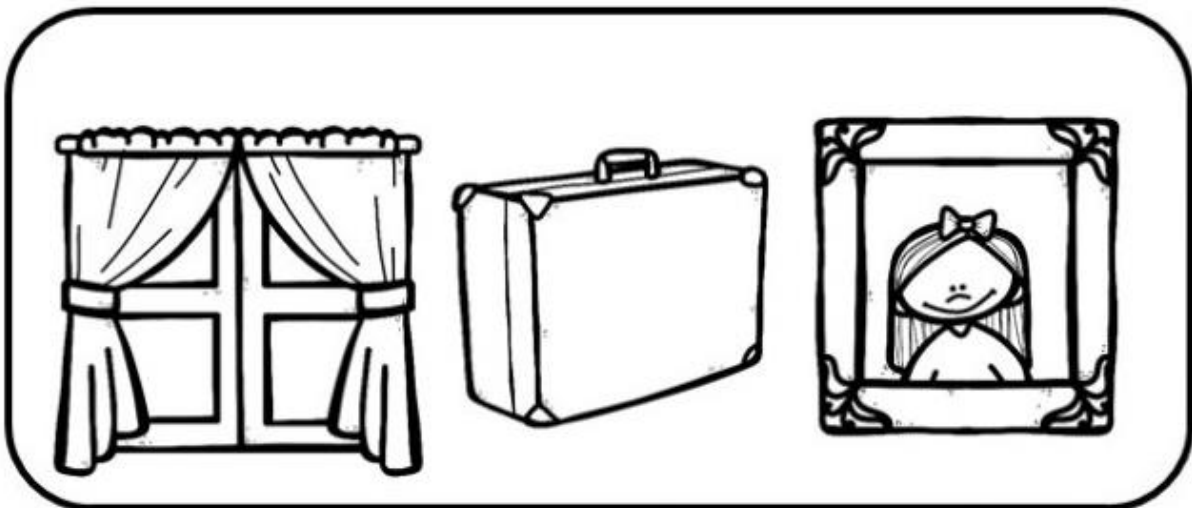
Cuadrado

Traza

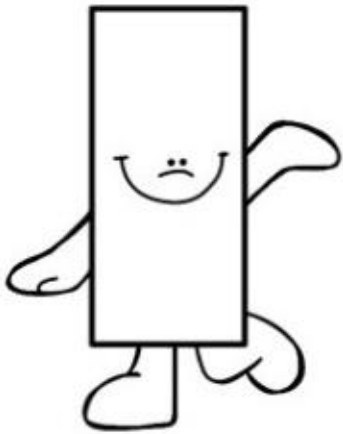
Colorea



Encuentra los cuadrados y colorea



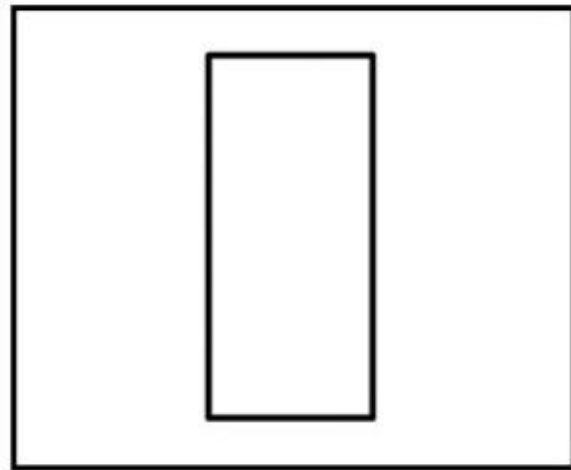
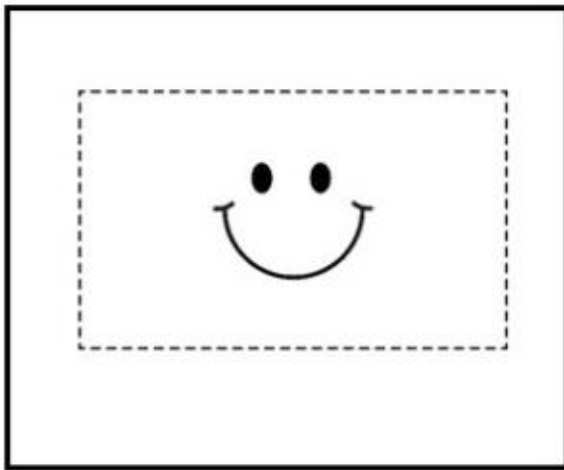
¡Veo un rectángulo! / I see a rectangle!



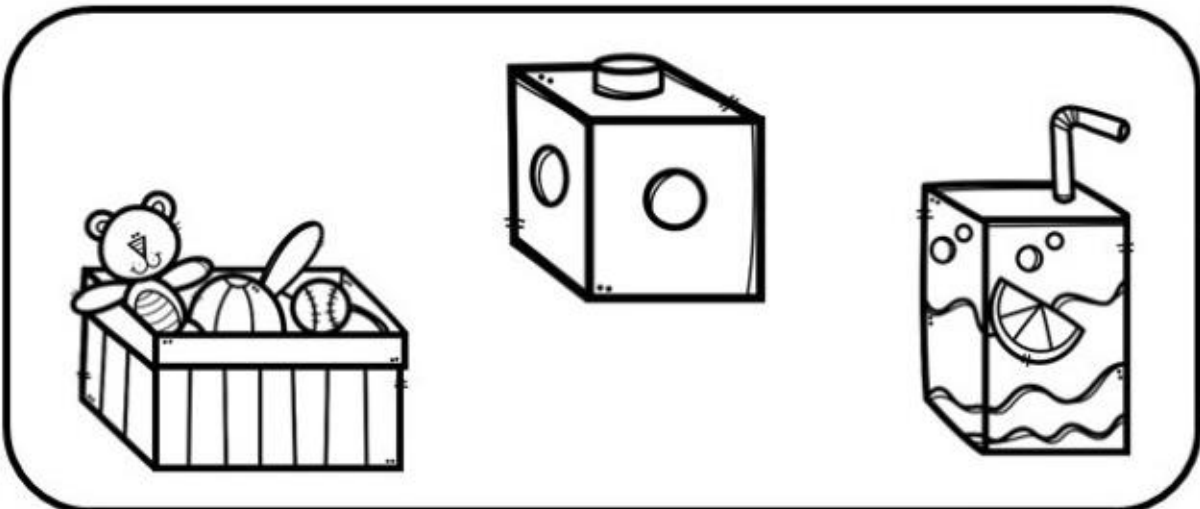
Rectángulo

Traza

Colorea



Encuentra los rectángulos y colorea



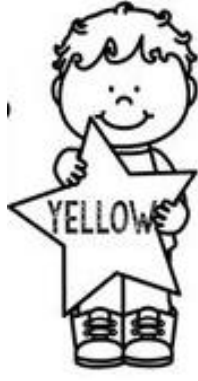
Coloreando por la forma / Color by shape



Verde



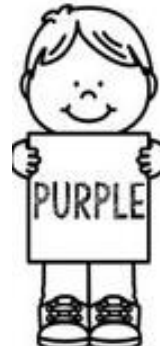
Rosa



Amarillo



Anaranjado



Morado



Rojo



Azul

