

Dinosaurs



Home activities to do with your Toddler

Week 3: June 15 – June 19

- Dinosaur crafts.
- T-Rex mask.
- Dinosaur yoga.
- Dinosaur toss game.

Special activities and STEAM



- Help your child develop an early understanding of how sounds go together to form words by playing sound and word games. These fun activities help toddlers see the connections between various sounds and the words they can make.

Language



- Be creative. Next time your child is helping you clean up toys, ask for all the toys with a specific attribute (such as color, or size)

Cognitive



- “Freeze” and “Hokey-Pokey” are fun musical games. They offer opportunities to listen and follow directions, while teaching about respond by own name and recognize parts of their own body.

Social-emotional



- Encourage your child to further develop their creativity while improving their fine motor skills by letting them create things using their hands.

Fine motor



- Teach your child an important life skill while enhancing their gross motor abilities to creatively solve problems.

- Create an indoor or outdoor obstacle course to enhance your child’s motor skills!

Gross motor



Lunes - Monday

Morning Meeting

- Let's sing and move: "Diez pequeños dinosaurios" – "Ten Little dinosaurs"

Ten Little Dinosaurs is a fun song to learn how to count to 10 and learn different types of Dinosaurs.

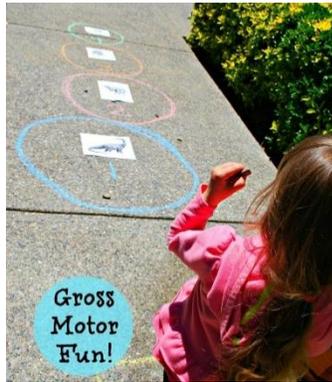
PLAY SONG



Dinosaur toss

You will need:

- 12 small rocks or stones
- Sidewalk chalk in different colors
- Dinosaur toss (print page 7-9)
- Tape



Directions:

- › Use your chalk to draw four circles on the pavement, starting with a large one and getting smaller as you get further out.
- › When you are done making your circles, make a square a short distance away. This is where you child will stand while they are throwing the rocks.

Rules: You have 12 rocks to throw to try to get as many points as possible. Only rocks that land in or on the circle will count. When you have thrown all the rocks, add up the score. If playing with more than one player, the one with the highest score wins.

Project time: Paper plate dinosaurs

Here's what you need:

- Paper plate
- Paint
- Paper
- Googly eyes



Directions:

The steps to making these dinosaurs are so simple and in under 30 minutes you will have a couple friendly dinosaurs.

1. Start by cutting your paper plate in half.
2. Decide what color body you want your dinosaur to have and paint one of the 1/2 plate pieces. Paint two corresponding clothespins for each dinosaur you want to make.
3. Once your dino body is dry, use it as a template for drawing your dinosaurs spikes, head, and tail. You decide if you want a long neck, short neck, small tail or long tail! This is where the kids can get really creative!
4. Glue your head, tail, and spikes to the back side of the paper plate. Elmers glue works great but if you have kids that are a little impatient, parents can use a hot glue gun for sturdier and faster dino making
5. Add a little smile and googly eye to your dino head.

Martes -Tuesday

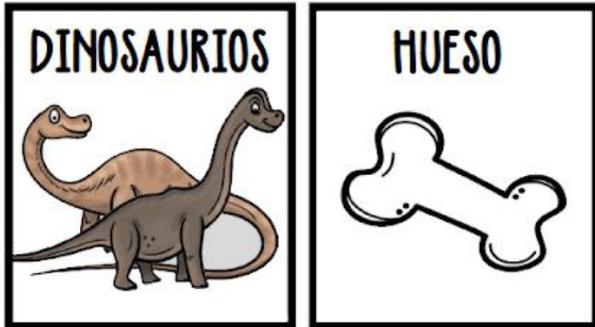
Morning Meeting:

Let's sing and move: "Bebé T-Rex"- "Baby T-rex"

PLAY SONG



> Learn these two words with your child.



Art time: Dinosaur painting

Here's what you need:

- dinosaurs
- butcher paper
- washable tempera paint

Show your child how to get the dinosaur feet into the paint and walk them down the paper.

Your child will love to make art with dinosaur toys.

They will have the opportunity to work their fine motor skills, color names, and hand-eye coordination.



Project time: T-Rex mask



Here's what you will need:

- Dinosaur mask printable (find in page 10)
- Crayons / Paint
- Scissors
- Holepunch
- String

Directions:

- > Print out your dinosaur printable mask/s
- > Cut out your dinosaur mask/s.
- > Let your children get creative. Use the pencils to add color to your printable.
- > Hole punch the sides of the mask.
- > Tie your string to the mask.
- > Tie the mask to your child.
- > Time to stomp, rawr and get active outside with some fun dinosaur play!

Making the most of routines: Outdoors

If the weather is nice, nearly everything that you do indoors can be done outdoors! Consider going outdoors for some of your experiences during the day. You can read a book, play with art materials, take blocks to build, or take real or homemade instruments outdoors.

Sometimes a change of scenery inspires new ways to explore!

Miércoles-Wednesday

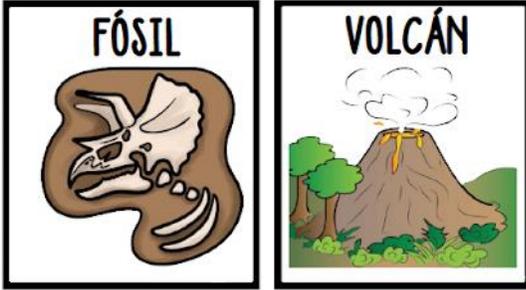
Morning Meeting

Let's sing and move: "Los dinosaurios" – "The dinosaurs"

PLAY SONG



› Learn these two words with your child.



Dinosaur feet craft:

Here's what you need:

- 2 empty tissue boxes
- Construction Paper green and orange
- Glue Stick & Scissors

Directions:

- › Take the 2 empty tissue boxes and wrap them in green construction paper.
- › Use the glue sticks to attach the paper to the box.
- › With the orange construction paper to cut out something that slightly resembled dinosaur claws.
- › Glue these to the front.
- › Slip your toddlers feet into the holes and let them stomp and roar as they become the dinosaurs.



Jello fossil dig sensory activity

Create a fun dinosaur fossil dig using Jello for your child. Your child will love digging out their very own dinosaur "fossils."

This activity does take some time to set up, so do the preparation stage the day before you want your kids to try the activity.

What you'll need to make the Jello fossil dig:

- 2 boxes of Jello
- Plastic dinosaurs
- Shallow pan

Directions:

- › Mix the jello according to the package directions. You can reduce the amount of cold water; this will make it a little harder to pull out the dinosaurs.
- › Add dinosaurs to the Jello while it is still wet.
- › Let the mixture sit in the refrigerator overnight.
- › The next day, pull out the container and arm your kids with spoons.
- › Let them dig out the dinosaurs.

This activity makes a fun sensory experience for little dino lovers.



Play dinosaur songs while this activity.

PLAY SONG



Jueves-Thursday

Morning Meeting

Learn about dinosaur colors with this fun children's song! Your child will learn the colors with dinosaurs.

PLAY SONG



> Learn these two words with your child.



Have a dinosaur Picnic day:

Have a picnic. A super easy activity for your toddler. Just lay a blanket down and have lunch in the backyard!

This yummy fruit dinosaur snack is perfect for your dinosaur picnic day.

Cut slices of watermelon, pineapple and strawberries. Build a dinosaur with the shapes.



Sensory play: Dino bath



Here's what you need:

- Dinosaurs
- Storage container (or use the bath tub!)
- Tear free bubble bath
- Scrubby brushes

In less than 5 minutes, you can have a dinosaur bath set up for your child!

Gross motor activity: Pillow Walk

Set up a line of couch, throw, or bed pillows on your floor, and have your child walk from one end to the other. It may sound easy but their balance will be challenged!

Your child will develop skills balancing.



Viernes-Friday

Morning Meeting:

- > Let's sing and move: "El abecedario de Dinosaurios"- "The dinosaur ABC"

PLAY SONG

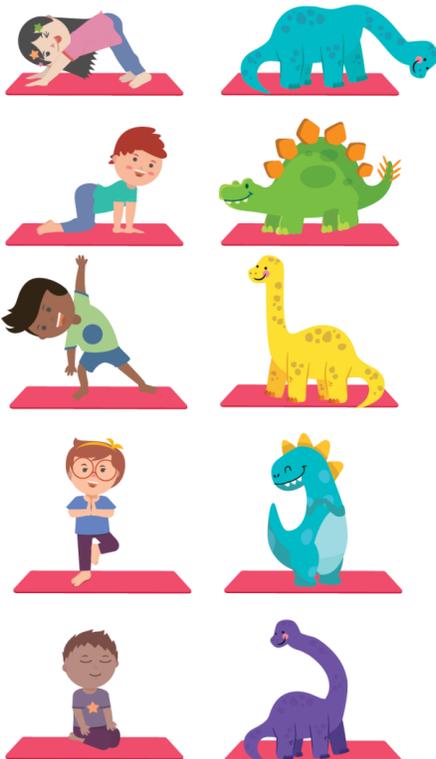


Dinosaur yoga!

Roar! Dinosaur Yoga for Kids is here!

Do your children love dinosaurs? This is a fun, active, and engaging way to teach your child about dinosaurs.

Introduce them to Dinosaur Yoga. Pretend to be a Pterodactyl, Diplodocus, Baby Dino and Volcano with these dinosaur-themed yoga cards. (find in page 11-12).



Art time: dinosaur handprint



All you need is paint, you can choose your favorite color and paper.

Cut out a dinosaur with construction paper, then paint your little one's hands to make the spikes!

Add two googly eyes.

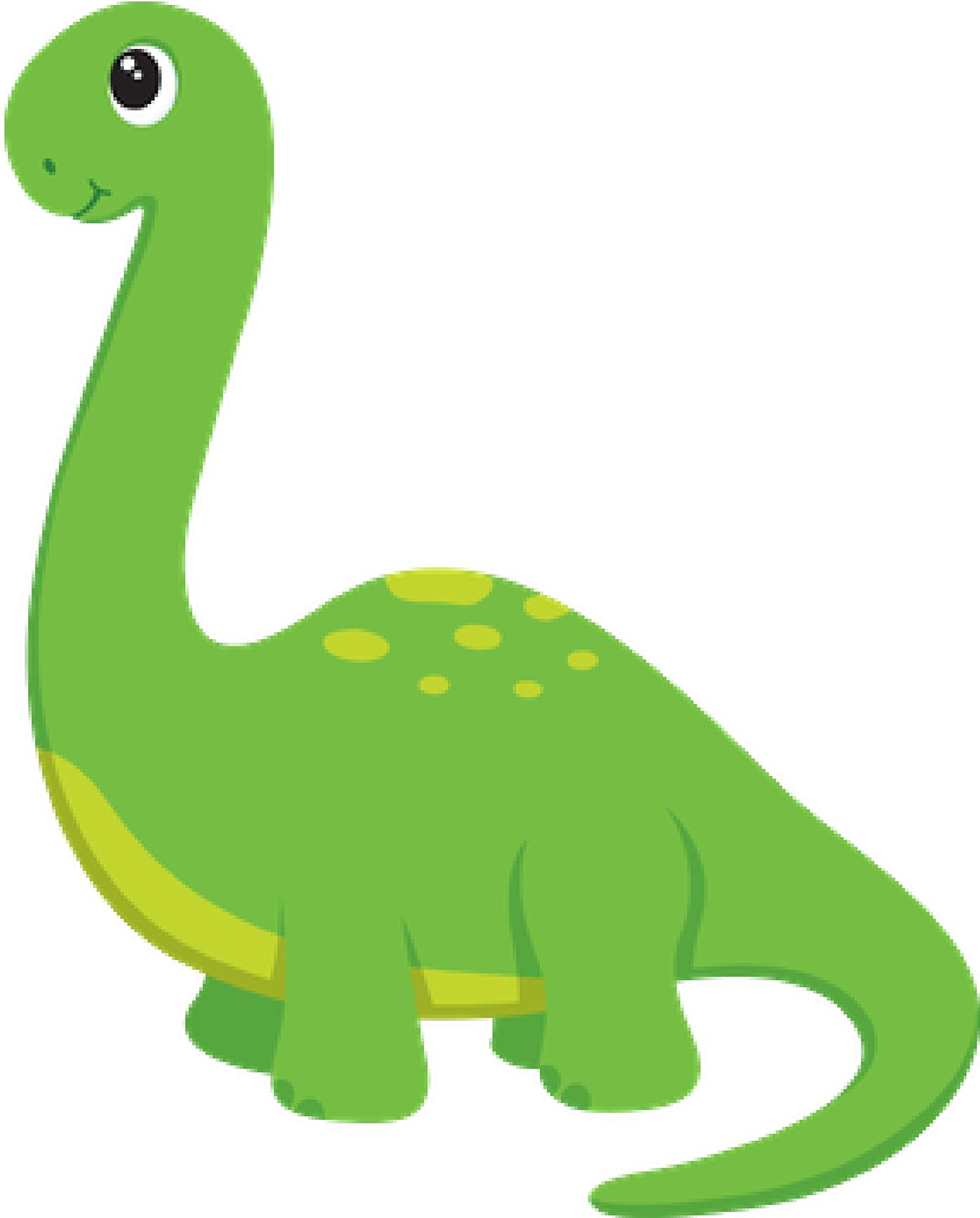
Making the most of routines:

STORY TIME!

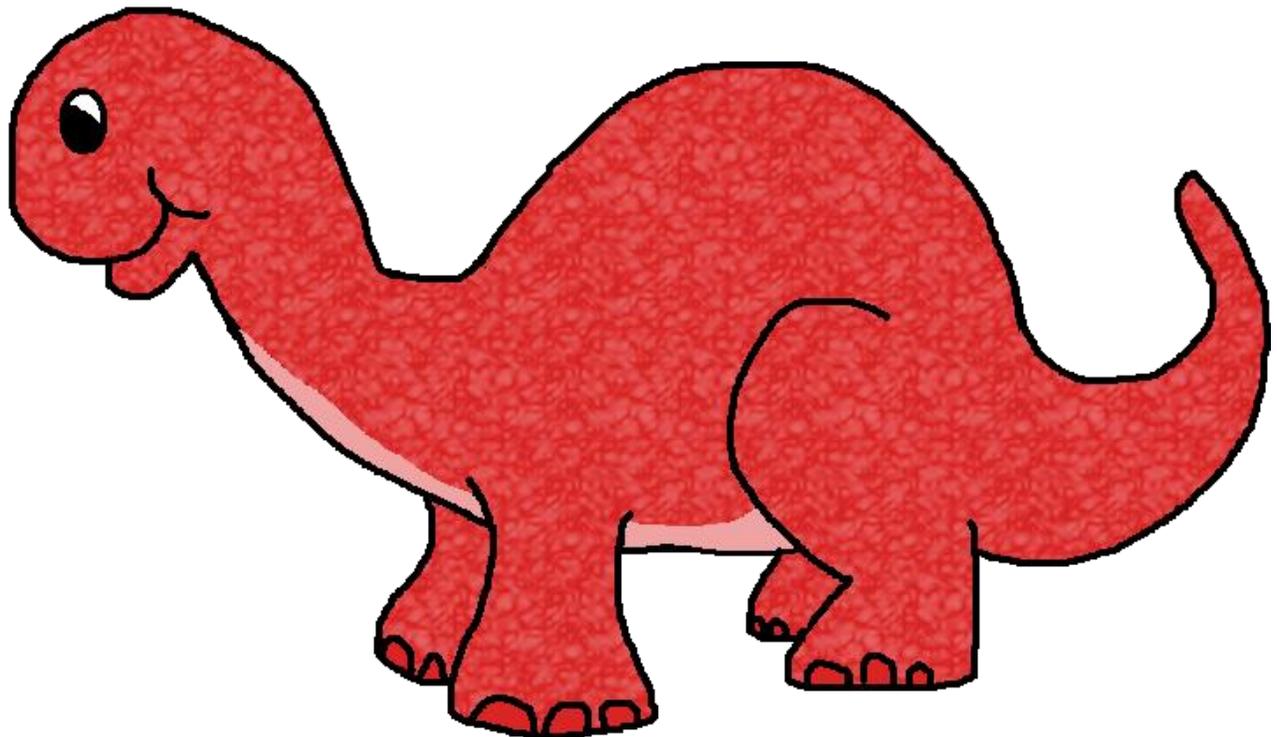
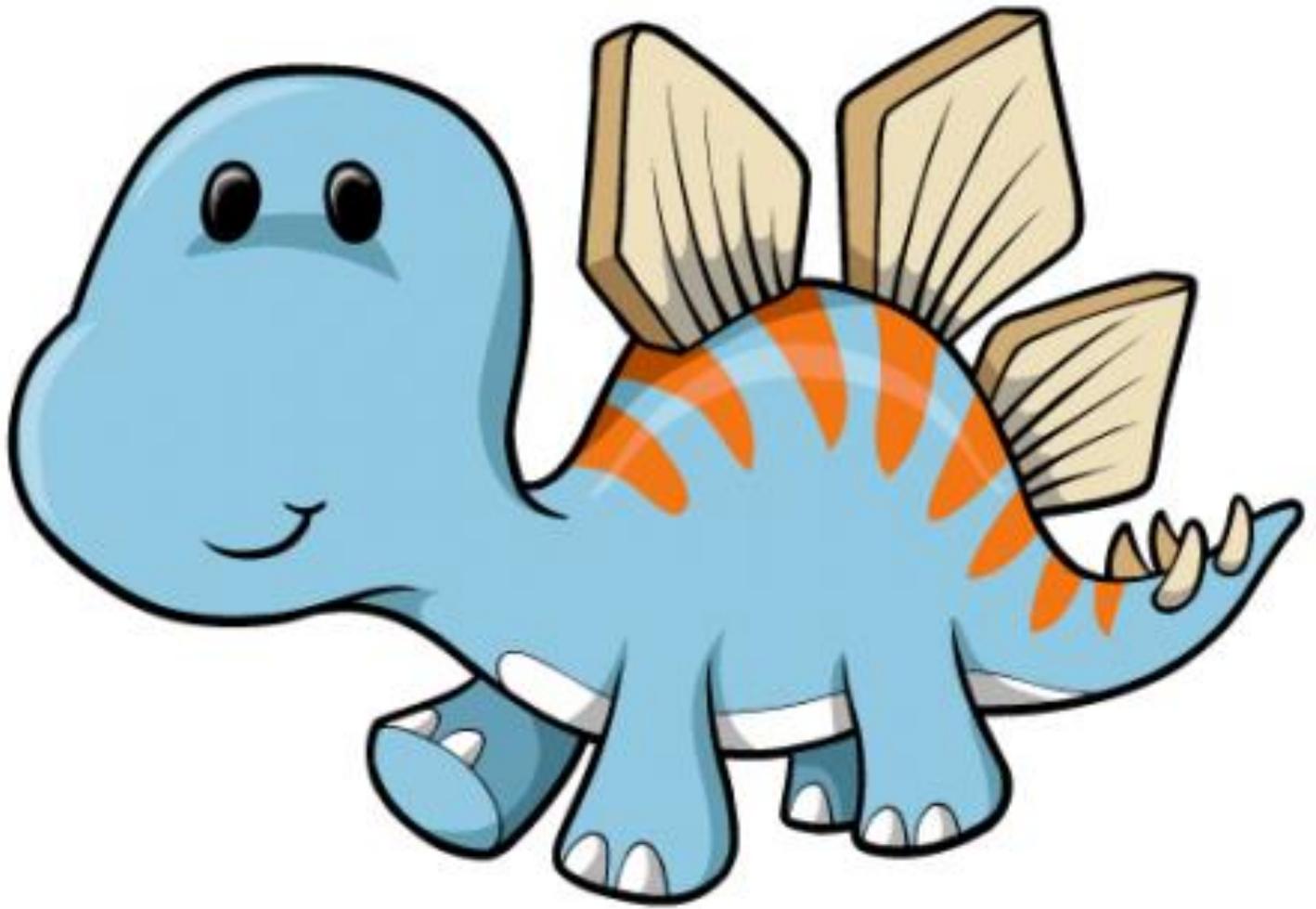
Pair a picture with an object your child is familiar with. For example, if you have a picture of a dinosaur, invite them to hold their toy dinosaur as you show them the picture. Talk to them about the object in the picture and the object in your hand: "That's a dinosaur, the dinosaur is big".

Acknowledge their attempts to talk about the picture. "I hear you talking about that dinosaur".

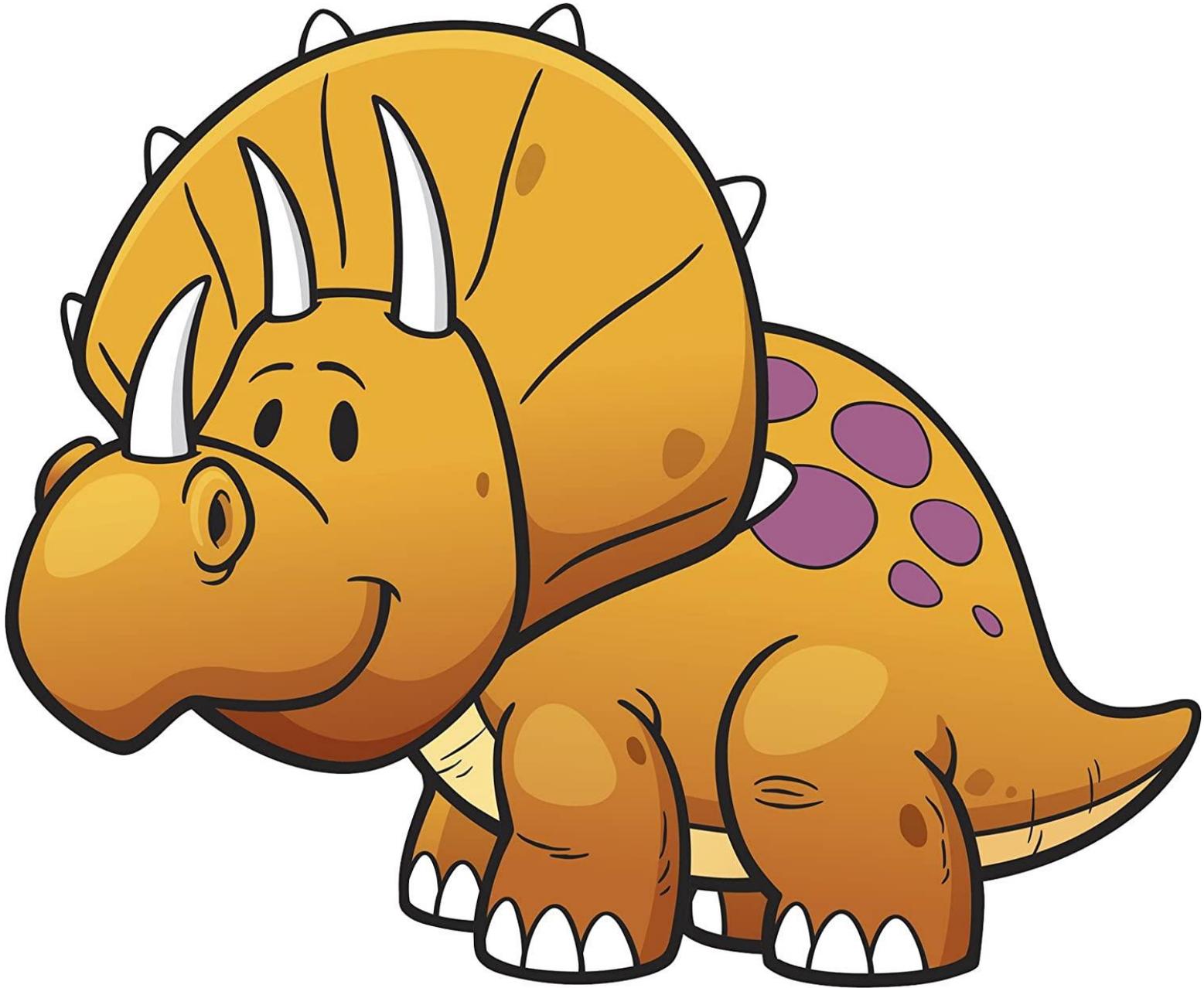
Dinosaur toss printable



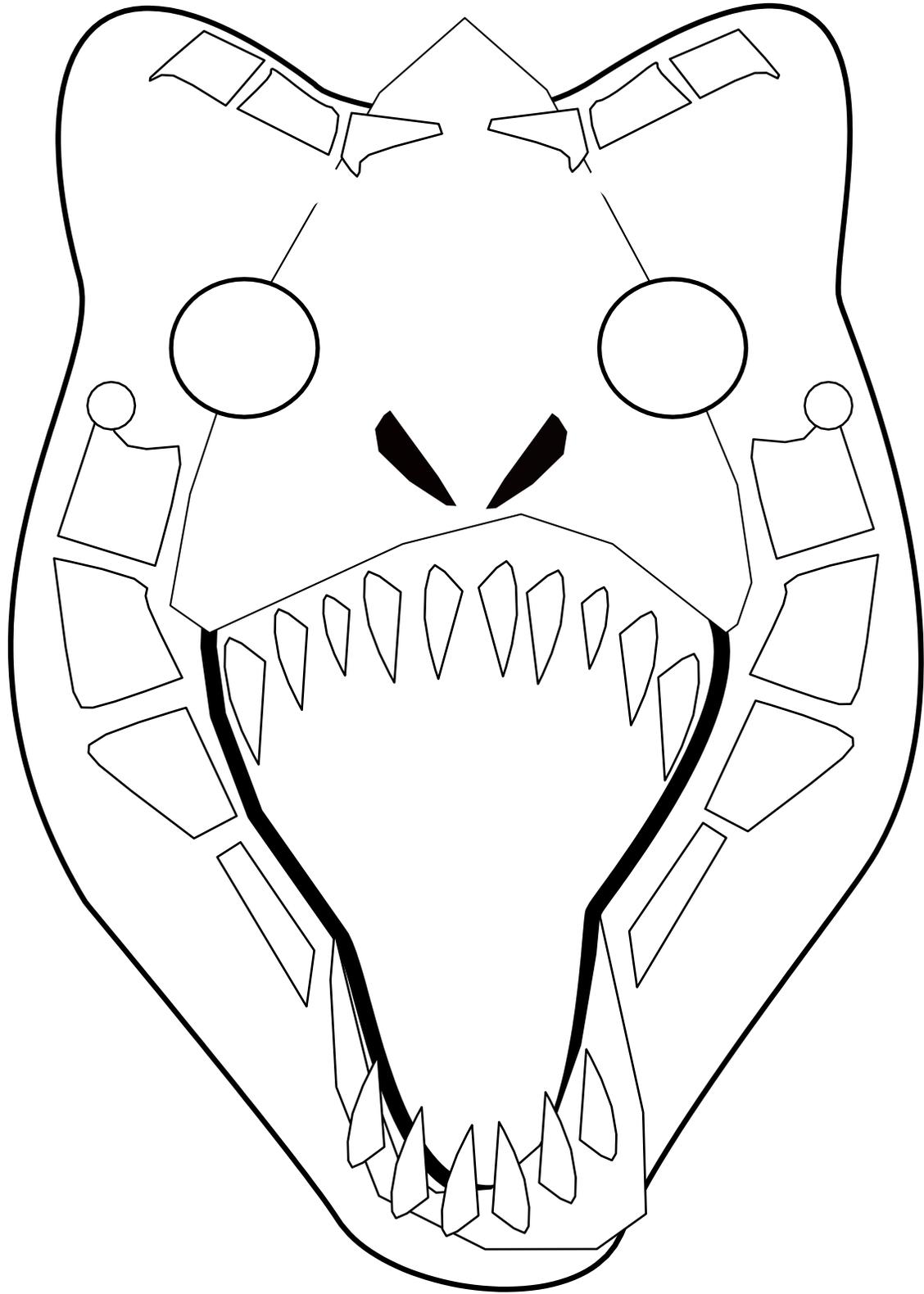
Dinosaur toss printable



Dinosaur toss printable



T-Rex mask printable



Dinosaur yoga poses

PTERODACTYL



DIPLODOCUS



BABY DINO



VOLCANO



Directions

1. Stand straight and tall. Take a deep breath.
2. As you breathe out, extend your arms to shoulder height like a pterodactyl.
3. Take another deep breath and lean forward with your chest. Step one leg behind you.
4. On the back foot, come to your tippy toes. Lean your weight forward.
5. See if you can lift your back leg up.
6. Hold for 30 seconds.

1. Start on your hands and knees. Line up your hands under your shoulders and your knees under your hips.
2. Bring one knee forward, behind your hands.
3. Lower yourself to sitting and allow your front leg to fall open.
4. Keep your back leg bent comfortably.
5. Reach your hand on the side of your front leg high in the air like a diplodocus reaches it's neck.
6. Hold for 5-10 breaths.

1. Begin laying on your back.
2. Bend your knees towards your belly and hold on to your feet.
3. Allow your body to gently rock side-to-side like a baby dinosaur rocking out of it's egg.
4. When you are done, slowly release your legs and stretch out big.

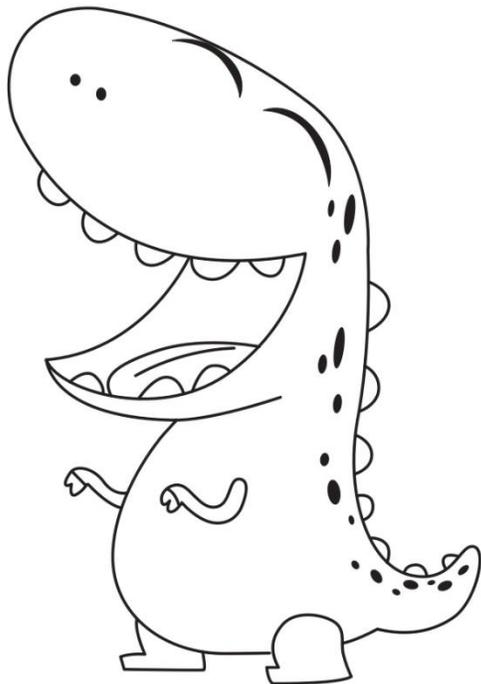
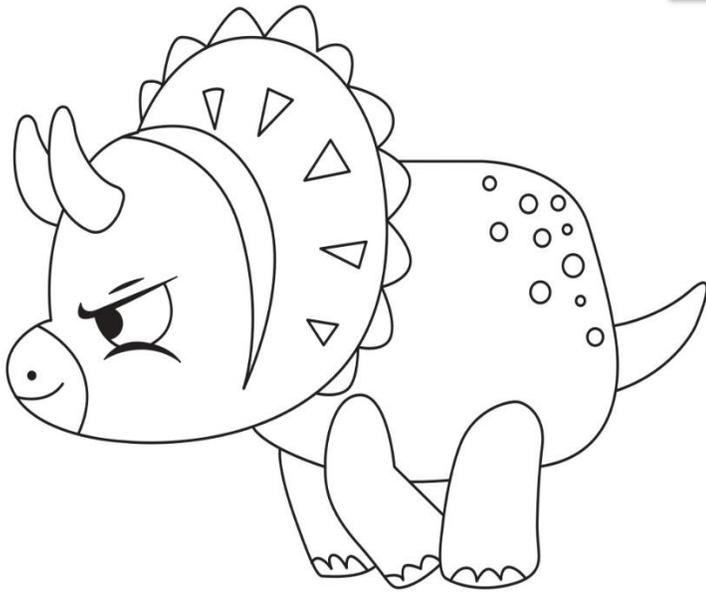
1. Stand tall with hands on your sides and feet slightly apart. Point toes outwards.
2. Inhale and extend arms overhead. Wave them around like a volcano exploding.
3. Exhale and bend knees 90 degrees. Press palms together and pull hands down to your chest.
4. Hold for 30 seconds.

Sorting sizes / Clasificando por tamaño

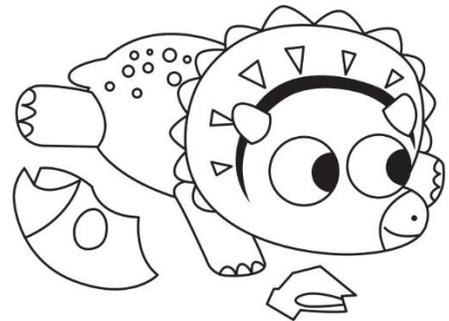
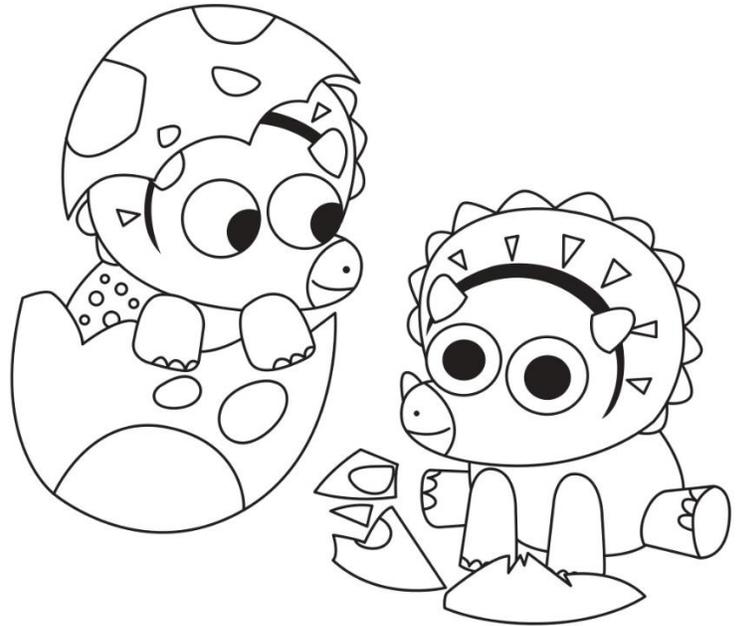
Directions: Identify big and small, then color the dinosaurs.

Instrucciones: Identifica grande y pequeño, después colorea los dinosaurios.

Big - Grandes



Small - Pequeños



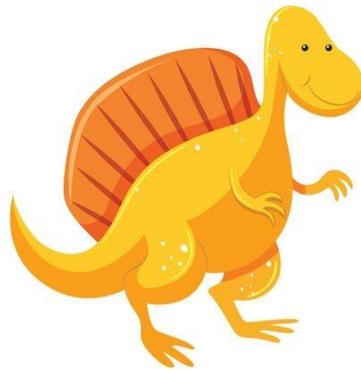
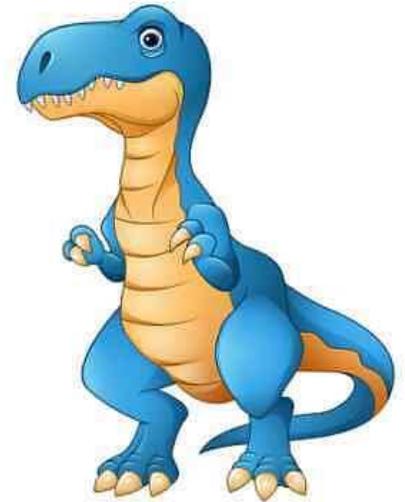
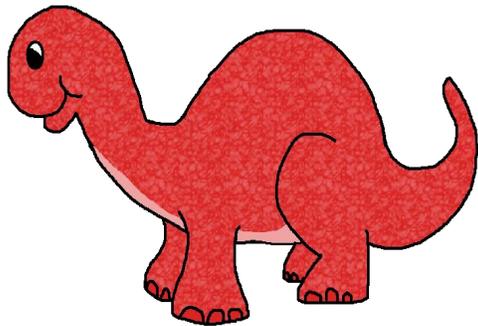
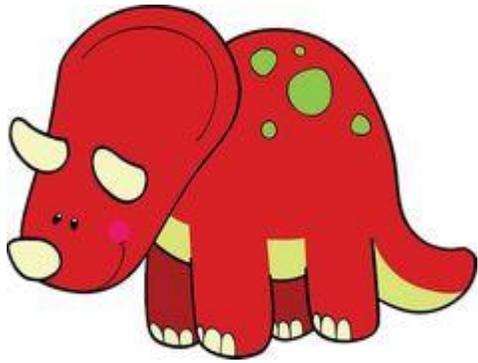
Sorting colors / Clasificando por colores

Directions: Cut out the dinosaurs in the next page. Then paste them into the correct box.

Instrucciones: Recorta los dinosaurios de la siguiente página. Luego pégalos en el cuadro correcto.

Rojo / Red	Amarillo/ Yellow	Azul / Blue

Directions: Cut out the dinosaurs for your child. Then let your child paste them into the correct box.
Instrucciones: Recorta los dinosaurios para tu hijo. Luego déjalo que el lo pegue en el cuadro correcto.



Matching colors

Directions: Match the baby dinosaurs to their parents. Identify the colors yellow, blue and green.

Instrucciones: Une a los dinosaurios bebés con sus papás. Identifica los colores amarillo, azul y verde.

